

The New Ensign

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Calling The True Israel Peoples

Editorial

Dear Reader,

**Wishing You a Happy and Resilient
New Year!**



WHILE MANY ARE PREDICTING 2024 as a year of doom and gloom, the New Ensign sees glimmers of light appearing as we begin to exit the dark tunnel of tyranny and evil. However, we have to be resilient and sufficiently prepared to be able to withstand the enemy's last onslaught in its death throws.

Maintaining a positive state of mind, free of fear and knowing who the real enemy is, is 90% of winning the battle. The readers of this magazine are well aware of this, so also is the enemy, hence the constant output of fear mongering from their MSM.

In these dark days it is most import that we form local networks with our kinsmen outside of local authority control, which after all, is just a branch of central government or what the Scriptures refer to as the beast system!

We the Adamite/Nordic/Aryan race were once dominant across the whole of the Northern

Hemisphere and much of the rest of the world bringing beauty, well being and prosperity. It was always the aim of this race to leave the world a better place than when it first arrived!

Brushing away the cobwebs of falsified history a picture is emerging of a vast area ruled not centrally, but locally, under what would be described as Common Law and therefore with no need for a parasitical bureaucracy destroying real resources. The other races lived in harmony but separately from the dominant Adamites, That is, until Satan's children, who have masqueraded under various names, decided to grab this prosperity for themselves.

This was done by dividing the huge expanse into artificial areas and calling them nations and empires, then through the Silk Route merchants. the Kings' borders became franchise areas who received commission on goods sold in their territories. Down the centuries the word race was redefined to mean area of birth rather than tribal origin. If there were to be an English, French, German, Swedish and Russian man, in similar uniform standing together one could only identify them as Caucasian but if a Chinaman or Negro was in the group - they could be picked out. In other words the enemy has taught our great tribe - **HIS PEOPLE** to hate one another more than the real enemy! His people are starting to wake up to reality, the veil is being lifted. Praise Yahweh!!

Editors (editor@newensign.com)

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**Yahweh Is the Holy One of Israel
Or
Apologia in Defence of the Sacred Names: Yahweh
and Yahshua
Or
Yahweh Versus Chutzpah By Pastor Eli James
(eurofolkradio.com, anglo-saxonisrael.com)**

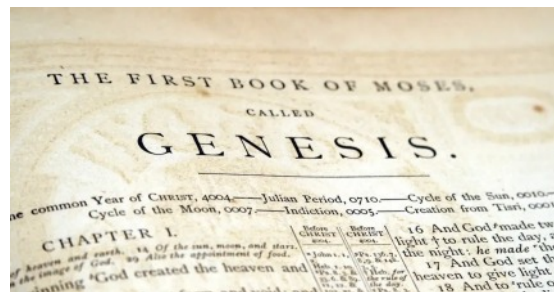


Introduction: Topsy-Turvyism

WHAT IS HAPPENING TO CHRISTIANITY IN THESE END TIMES IS VERY INTERESTING.

Justified mistrust of the so-called “Judeo-Christian tradition” is leading former denominational Christians into a rejection of denominationalism. In the teen years of this millennium, membership in denominational churches has dropped up to 40%.

This is a good thing; but it leads to extremes. For example, here is how C M Hegg describes the situation:



In our modern times there is a growing movement of believers coming out of the Church and into a new understanding of biblical truth. The rise of Christians turning to the Torah as a means for the believer’s sanctification seems to be growing rapidly.

Those coming out of the Church are usually struck at some point with the realization that they should be keeping the Sabbath, or that the Torah as a whole is something God wants them to be doing.

Those who awaken to this new found understanding often feel an overwhelming clarity in re-reading their Bibles, but many tend to fall into what I will call the “Christian Lies”

2 Peter 1:19 - *“Let everyone that nameth the name of God depart from iniquity.”*

Exodus 9:16 - *And in very deed for this cause have I raised thee up, for to shew in thee my power; and that my name may be declared throughout all the earth.*

Hebrews 2:12 - *Saying I will declare thy name unto my brethren, in the midst of the assembly will I sing praise unto thee.*

Psalms 34:3 - *O magnify Yahweh with me, and let us exalt his name together.*

Psalms 86:9 - *All nations whom thou hast made shall come and worship before thee, O Yahweh; and shall glorify thy name.*

Psalms 86:12 - *I will praise thee, O Yahweh my Elohim, with all my heart: and I will glorify thy name for evermore.*



syndrome. Many believers find their pastor's lack of understanding when it comes to Torah keeping, not only disconcerting, but a blatant disregard for the truth of the Word. They feel lied to, and begin to have suspicions about many things "Christian." This is almost a natural instinct, as so many things begin to change at once.

Sunday gatherings are now on Saturday. Christmas and Easter are replaced with the appointed times of the Lord. Titles like "Christian" are replaced with "Hebrew Roots," "Messianic," and the list goes on.

Within this change many things become suspect. And with no lack of self-made internet scholars to guide the newly awakened believer down the path of ignorance, many missteps are made. Recently I saw some comments on a Facebook post that claimed several points.

First, the term Christian was never used by first century believers, and second, the name Jesus was a pagan name. When I searched a bit further in this post, I found a common belief within the Hebrew Roots movement that goes something like this.

1) Yeshua is the name of the Messiah. The name "Jesus" is an invention of Satan, put in place through the Church in order to take us away from the true Messiah. The name "Jesus" is really a code for "Hail Zeus" and when used, is invoking a pagan deity. The English letter "J" didn't come around until the 16th century. How could this have anything to do with the real name of Yeshua?!?

2) The Apostolic Scriptures (New Testament) were written in Hebrew or Aramaic and therefore the term "Christian" is a translation of what would really be a Semitic word translated into English as "Messianic." The label "Christian" is Greek and would only be used by pagans. Therefore, the term "Christian" or even the title "Christ" is pagan in origin. [Source](#).

This statement shows that some Christians swing too far away from the Word after they have realized that their Judeo-Churchian pastors have been lying to them about various historical and

biblical truths. The fact is that Judeo-Christianity is dying on the vine; but the tendency is to overreact and discard too much.



At the same time, there are those "teachers" who have crept into the fold pretending to be experts on this or that, like the Sacred Names. The Hebrew Roots people reject the name 'Jesus' for the reasons stated above; but there is also a movement to reject the name, Yahweh.

This movement goes to the opposite extreme by suggesting that 'Yahweh' is an illegitimate name and should be 'Jesus' instead.

We are indeed living in strange times; but that is a direct result of the fact that we are living in the Age of Global Deceit, the Age of Laodicea, the lukewarm church. Confusion reigns and few people see the true source of the confusion. In my opinion, both extremes are wrong for historical and linguistic reasons.

Part of this latter deception is the claim that Jesus, not Yahweh, **is** the Father; but this cannot be. Taking Yahshua's own words into consideration:

John 5:36-43. But I have greater witness than that of John (the Baptist - Eli), for the works which the Father hath given me to finish, the same works that I do, bear witness of me, that the Father hath sent me. And the Father himself, which hath sent me, hath borne witness of me. Ye have neither heard his voice at any time, nor seen his shape—I am come in my Father's name, and ye receive me not: if another shall come in his own name, him ye will receive.

This quotation proves conclusively that Yahshua and the Father cannot be the same person, otherwise He would have said "**I come in my own Name.**" Moreover, Yahshua also said "The Father is greater than I." If Jesus is the Father, then who is it that is greater than He? The works that the Father sent Him to finish are not yet

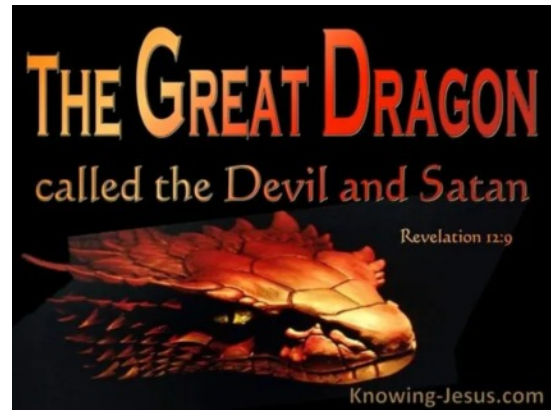
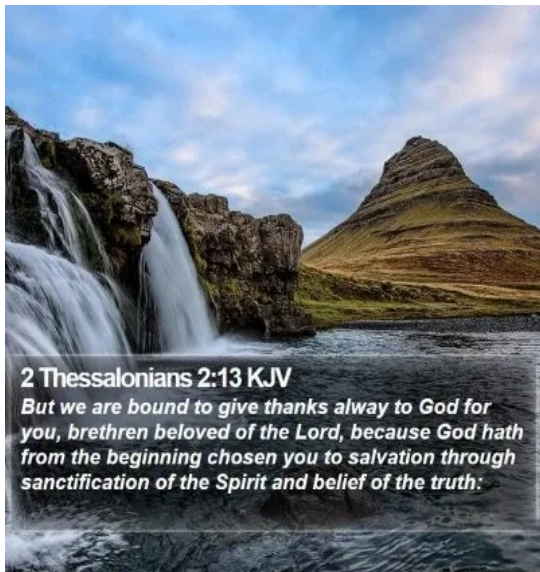
complete. It is important to know their true names and who they are in relation to each other.

versus linguistic treachery. The treachery will be thoroughly documented herein.

In the Garden of Gethsemane, He prayed to the Father, "Take this cup (burden) from Me." (Matt. 26:39.) If He and the Father are the same Person, He would have removed the burden Himself. In this critique, I will expose the various contradictions and false statements that impugn the Father, Yahweh.

What is this lie, by which the antichrist deceiveth the whole world? (Rev. 12:9)

Deception and Confusion in These End Times



There is abroad in these Last Days the false idea, proposed by a small number of independent Bible critics, some of whom are undoubtedly agents of the Beast system, that Yahweh, the God (Elohim) of True Israel (not the Jews, who are impostors), is a false god.

Variations of this premise maintain that Yahweh is not His Name, that He is actually a "demon" or a Canaanite god that Israel borrowed from the Canaanites, etc. The most extreme attack on His Holy Name is that Yahweh is actually Satan in disguise.

2 Thes 2:3-4, 9-12: Let no man deceive you by any means: for that day shall not come, except there come a falling away first, and that man of sin be revealed, the son of perdition;

The first time I heard this claim, I laughed out loud, and for good reason. The claim is based on multiple misunderstandings of both Scripture and biblical history, plus mistaken views, primarily of secular and Jewish origin, of the proper antiquity of paleo-Hebrew, proto-Canaanite and Phoenician.

Who opposeth and exalteth himself above all that is called God, or that is worshipped; so that he as God sitteth in the temple of God, shewing himself that he is God— Even him, whose coming is after the working of Satan with all power and signs and lying wonders,



And with all deceivableness of unrighteousness in them that perish; because they received not the love of the truth, that they might be saved. And for this cause God shall send them strong delusion, that they should believe a lie: That they all might be damned who believed not the truth, but had pleasure in unrighteousness.

Thus spake Paul in II Thessalonians 2

Even without some of the outrageous claims cited above, the Bible has always been the battleground of Christians versus Jews, secular versus Christian archaeologists, secular versus Christian linguists, and, more recently, attacks

This critique of the "I saw the light" Sacred Names article concerns linguistic integrity

upon Israel Identity theology by Jews, Judeo-Christians, non-Whites, and an ever-increasing motley assortment of self-proclaimed Bible “experts” who are crawling out of the woodwork in order to compound the confusion.

Yahweh **Is Not** the author of confusion. These self-proclaimed Laodicean “experts” are the ones creating confusion. This apologia is an examination of one such anti-Yahweh movement.

It is evident to me that these false accusations and smear tactics are primarily aimed at Identity theology, which has been responsible for the resurgence of the Sacred Names.



Identity has been around since the 1920’s and earlier in the British Israel doctrine, which emerged in the 18th and 19th centuries from a comparison of European history and the biblically prophesied migrations of the Twelve Tribes into Europe.

It is precisely because Identity is gaining more and more adherents that Judaism and Judeo-Christianity feel threatened by our historical, linguistic and migrational approach to Scripture. This, plus the fact that we have proven, beyond any shadow of doubt, that only the Anglo-Saxon, Caucasian people have fulfilled **Any** of the hundreds of prophecies of the future exploits of the Israel people.

This includes the prophecy that True Israel would forget their identity (Psa. 83:3; Isa. 49:2; Matthew 13:44) only to regain it in the latter days (Ezekiel 39:7, 22-28; Hos. 3:5), while the Jews pose as Israel until the Judgment Day (Matt 13: 24-30).

Being an ardent conspiratologist, I smell an agenda – a Jewish agenda, a Talmudic agenda, which is designed to muddy the waters via a 2100-year campaign of dissimulation by the



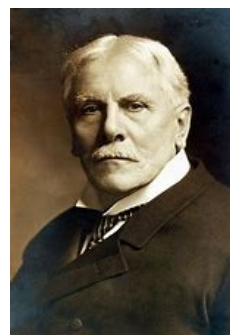
Pharisaic descendants of Cain, Edom and Ashkenaze. But Yahshua (the name of Jesus Christ in the Hebrew) told us to beware:

And Jesus answering them began to say, Take heed lest any man deceive you: For many shall come in my name, saying, I am Christ; and shall deceive many. **(Mark 13:5-6)**

Unfortunately, these warnings about deception by wolves in sheep’s clothing are no longer preached from the pulpits of Judeo-Christianity because most of the pulpiteers are no longer Christians but the very apostates that Paul warned us about in II Thessalonians.

Most, if not all, of these wolves in sheep’s clothing have been trained in the art of deception by the combination of Talmudic deceit and “Judeo-Christian” apostasy.

This latter development is the result of 110 years of Jewish intrigue and infiltration of Christian churches and seminaries, beginning with the promulgation of the Scofield Reference Bible around the year 1910. Scofield was a charlatan, par excellence, who promoted various heresies, such as the Rapture doctrine, the “Jews are Israel” doctrine, dispensationalism, antinomianism, Zionism, etc.



Scofield abandoned his wife and children and never even attempted to support them, even after being handsomely paid by the Rothschilds, via Samuel Untermyer, then the chief operative of the Rothschilds in America. In short, Untermyer was Scofield’s handler, just as Edward Mandel House was Woodrow Wilson’s

handler, as Bernard Baruch was FDR's handler, Kissinger was Nixon's handler, Soros is Biden's handler, etc. The story of CI Scofield is easily available online. This bit of suppressed history

is crucial to understanding how true Christianity gradually morphed into "Judeo-Christianity."

To be Continued OS23496

Old Testament

"Word for Word" Exodus Part 24

Translation by Stephen Howard Anderson



Chapter 30

1. And you shall make an altar to burn incense ⁷⁰⁰⁴ upon: you shall make it of wood of Shittiyim.

2. A cubit shall be the length of it, and a cubit the width of it; it shall be foursquare: and two cubits shall be the heighth of it: the horns of it shall be the same *material*.

3. And you shall overlay it with pure gold, the top of it, and the sides of it round about, and the horns of it; and you shall make a molding of gold round about.

4. And two golden rings you shall make under the molding of it, by the two corners of it, upon the two sides of it you shall make it; and they shall be places for the poles for them to carry it.

5. And you shall make poles of wood of Shittiyim, and overlay them with gold.

6. And you shall put it before the veil that is by the Ark of the Testimony, before the kaporeth that is over the Testimony, where I will meet with you.

7. And Aharon shall burn incense of spices ⁵⁵⁶¹ on it every morning: when he dresses ³¹⁹⁰ the lamps, he shall burn incense upon it.

8. And when Aharon lights the lamps at evening, he shall burn incense upon it, a perpetual ⁸⁵⁴⁸ incense before Yahweh throughout your generations.

9. You shall not offer strange ²¹¹⁴ incense on it, nor burnt sacrifice, nor grain offering; neither shall you pour drink offering upon it.

10. And Aharon shall make propitiation upon the horns of it once a year with the blood of the sin offering of propitiation: once a year he shall make propitiation upon it throughout your posterity: it is most holy to Yahweh."

11. And spoke Yahweh to Mosheh, saying,



12. "When you take the sum ⁷²¹⁸ of the children of the children of Yisrael after their number ⁶⁴⁸⁵, then shall every man give a ransom ³⁷²⁴ for his being to Yahweh, when you number them; ⁵⁰⁶³ among them, when you number them.

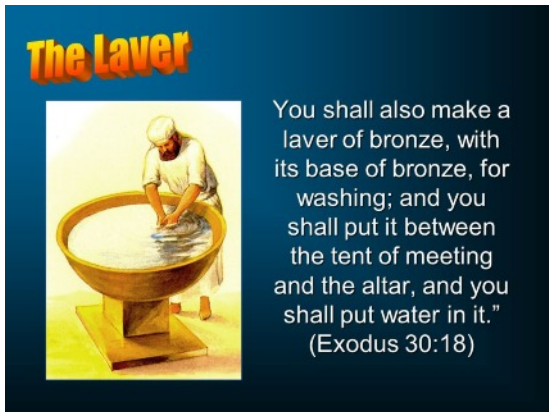
13. They shall give this, every one that passes among them that are numbered, half a shekel ⁸²⁵⁵ after the shekel of the sanctuary: a shekel is twenty ¹⁶²⁶ gerahs: a half shekel shall be set apart to Yahweh.

14. Every one that passes among them that are numbered, from twenty years of age and above, shall set apart for Yahweh.

15. The rich shall not give more, and the poor shall not give less than half a shekel, when they set apart for Yahweh, to make propitiation for your beings.

16. And you shall take the money of propitiation of the children of Yisrael, and shall give it for the service of the Tent of Meeting; so that it shall be a memorial to the children of Yisrael in the presence of Yahweh, to make propitiation for your beings."

17. And spoke Yahweh to Mosheh, saying,



18. "You shall also make a laver 3595 of bronze, and its base also of bronze, so that they may wash 7364: and you shall put it between the Tent of Meeting and the altar, and you shall put water in it,

19. because Aharon and his sons shall wash their hands and their feet there:

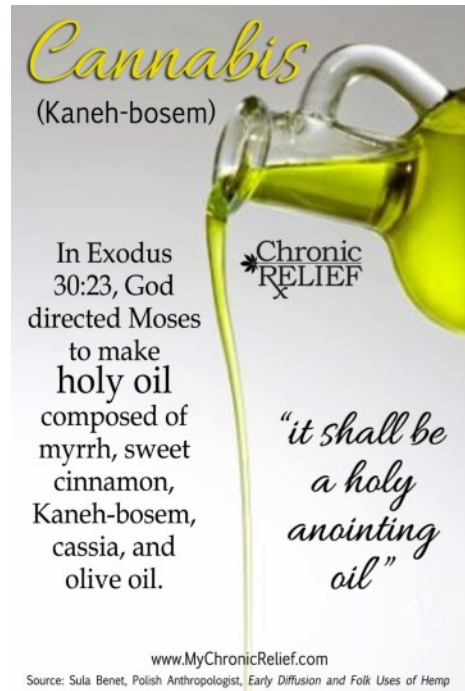
20. when they go into the Tent of Meeting, they shall wash with water, so they do not die; or when they come near the altar to minister, to burn offerings made by fire to Yahweh:

21. so they shall wash their hands and their feet, so they do not die, and it shall be a statute forever to them, to him and to his offspring throughout their posterity."

22. Moreover spoke Yahweh to Mosheh, saying,

23. "Take also to you the choicest 7218 of spices 1314, of pure myrrh 4753 five hundred

shekels, and cinnamon 7076 of sweet odor 1314 half so much 4276, two hundred and fifty *shekels*, and of calamus 7070 two hundred and fifty *shekels*,



24. and of cassia 6916 five hundred *shekels*, after the shekel of the sanctuary, and of olive oil a hin.

25. And you shall make of it an oil of holy anointing 4888, an ointment 7545 blend 4842 after the workmanship of the blender 7543: it shall be a holy anointing oil.

26. And you shall anoint the Tent of Meeting with it, and the Ark of the Testimony,

27. and the table and all its implements, and the menorah and its implements, and the altar of incense,

28. and the altar of burnt offering with all its implements, and the laver and its base.

29. And you shall sanctify them. so that they may be most holy: whatsoever touches them shall be holy.

30. And you shall anoint Aharon and his sons and consecrate them, so that they may minister to Me as priests.

31. And you shall speak to the children of Yisrael, saying, 'This shall be a holy oil of anointing to Me throughout your posterity.

32. Upon man's flesh it shall not be poured, neither shall you make any like it, after the manner 4971 of it: it is holy, and it shall be holy to you.

33. whosoever blends any like it 3644, or whosoever puts any of it upon a stranger 2114, shall be cut off from his people."

34. And said Yahweh to Mosheh, "Take to you spices 5561 and nataph 5198, and shecheleth 7827 and chelebenah 2464; these spices with pure frankincense 3828: of each there shall be a like 905 weight:

35. And you shall make it a perfume 7004, an ointment 7545 after the workmanship of the perfumer 7543, pulverized together 4414, pure and holy:

36. And you shall beat some of it very small 1854, and put of it before the Testimony in

the Tent of Meeting, where I will meet with you, and it shall be most holy to you.

37. And as for the perfume which you shall make, you shall not make any for yourselves according to the manner of it: it shall be Holy unto Yahweh for you.

38. whosoever shall make like unto it, to smell the same, shall be cut off from his people."

Chapter 30 NOTES

Verse 9 – Lev. 10:1,2; 2114 as strange to the law.

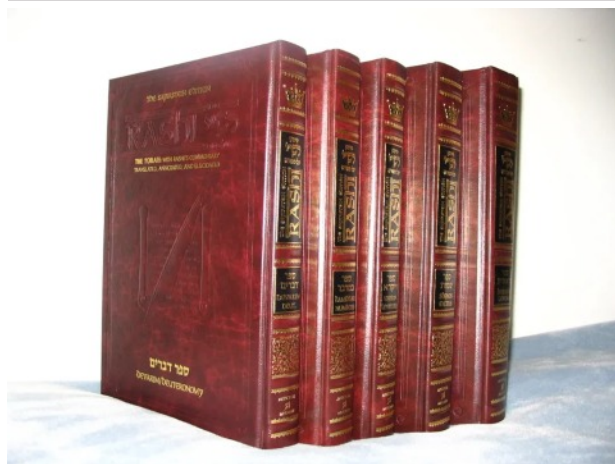
Verse 13 – Ex. 38:25,26; Matt. 17:24

Verse 18 – Ex. 38:8

Verses 22-38 – Ex. 37:29

To be Continued

Is the Name "Jesus" Pagan? By C. M. Hegg



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In our modern times there is a growing movement of believers coming out of the Church and into a new understanding of biblical truth.

The rise of Christians turning to the Torah as a means for the believer's sanctification seems to be growing rapidly.

Those coming out of the Church are usually struck at some point with the realization that they should be keeping the Sabbath, or that the Torah as a whole is something God wants them to be doing. Those who awaken to this new found

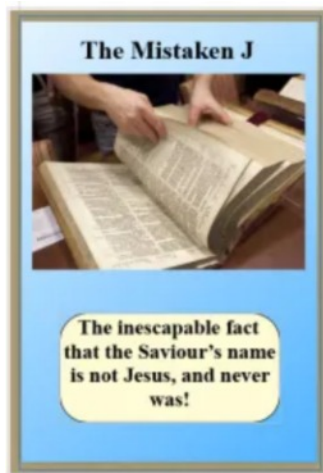
understanding often feel an overwhelming clarity in re-reading their Bibles, but many tend to fall into what I will call the "Christian Lies" syndrome. Many believers find their pastor's lack of understanding when it comes to Torah keeping, not only disconcerting, but a blatant disregard for the truth of the Word.

They feel lied to, and begin to have suspicions about many things "Christian." This is almost a natural instinct, as so many things begin to change at once. Sunday gatherings are now on Saturday. Christmas and Easter are replaced with the appointed times of the Lord. Titles like "Christian" are replaced with "Hebrew Roots," "Messianic," and the list goes on.

Within this change many things become suspect. And with no lack of self-made internet scholars to guide the newly awakened believer down the path of ignorance, many missteps are made. Recently I saw some comments on a Facebook post that claimed several points.

First, the term Christian was never used by first century believers, and second, the name Jesus was a pagan name. When I searched a bit further in this post, I found a common belief within the

Hebrew Roots movement that goes something like this.



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1) Yeshua is the name of the Messiah. The name “Jesus” is an invention of Satan, put in place through the Church in order to take us away from the true Messiah. The name “Jesus” is really a code for “Hail Zeus” and when used, is invoking a pagan deity. The English letter “J” didn’t come around until the 16th century. How could this have anything to do with the real name of Yeshua!?!?

2) The Apostolic Scriptures (New Testament) were written in Hebrew or Aramaic and therefore the term “Christian” is a translation of what would really be a Semitic word translated into English as “Messianic.” The label “Christian” is Greek and would only be used by pagans. Therefore, the term “Christian” or even the title “Christ” is pagan in origin.

To many, these claims not only seem plausible, but likely. So lets take a look at these claims one by one.

The Name “Jesus” is a Pagan Name that Comes from “Hail Zeus”

This claim was first presented in a book by Alexander Hislop titled *Two Babylons*, published in the 1800’s. Even though Hislop’s work was quickly exposed as false by scholars, it didn’t go away. More recently a man by the name of Lew White published a book leaning heavily on Hislop’s work titled *Fossilized Customs*.

Although Hislop’s work has been shown to be misguided and at times that he even seems to

make things up, many in the Hebrew Roots movement still use it as a go to source. The notion that the name “Jesus” comes from “Hail Zeus” not only shows a lack of understanding of language as a whole, but literally has zero historical evidence to back it up.

With Hislop and White’s work set aside, we are left with the claim that the name “Jesus” is an invention of the Church, and proof of this is that the letter “J” didn’t come into existence until the 16th century. So lets investigate this claim.

As everyone will admit, language is something that evolves over time. This is true not only for English, but also for the Semitic languages. Those who claim the name “Jesus” comes from pagan origins do so on the basis of the changes that have come through Greek, French and German creating what was the basis for our modern English language.

What these folks seem to forget is that Hebrew and Aramaic also evolved over time. A perfect example of this would be the Hebrew letter ayin (ע) which is also represented in ancient Semitic languages such as Ugaritic.

As in Ugaritic, the Hebrew letter ayin originally had a deep guttural sound that was made in the back of the throat. Over time the Hebrew language changed and now the ayin is a silent letter.



Sodom and Gomorrah (the sound of G in Gomorrah)

We still see evidence of this change in words like *הרמט*. For those who know a little Hebrew, you can see this word starts with an ayin, but in our English we still call this place “Gomorrah.” The ayin still retains a “G” sound like it originally did. Does this mean that when we read the Hebrew from a Torah scroll today, we aren’t

really reading the Bible because the language changed? Of course not. This is the evolution of language, which is a natural thing.



So is it true that the letter “J” wasn’t part of the English language until the 16th century? Yes, that is true. Originally, J in the Roman alphabet was another form of the letter I. The letter I had the sound of our modern Y.

During the 16th century in the romantic languages, the I and J shifted and split. The J began to be used for the sound “jeh” and the I shifted to a vowel. Because of cursive writing the J and the I became distinguished and the shift took full form.

This split into our modern English form of J is important for understanding the name Jesus as we have it today. To understand how we get “Jesus” from “Yeshua” we will need to look at the Hebrew and Greek.

The name Yeshua in Hebrew and Greek looks like this (remember Hebrew reads right to left):

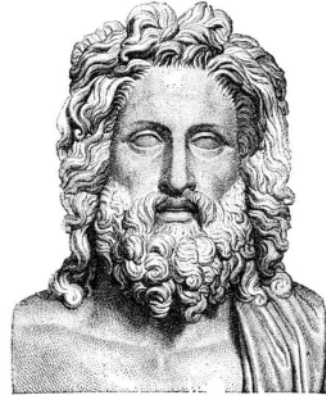
יֵשׁוּעַ Ἰησοῦς
 a u sh Ye Y e s o o s

The “Y” sound in Hebrew (י) can only be represented in Greek with the iota and eta diphthong. The “e” sound we hear in “Ye” does not come through in Greek quite the same, but is represented by iota and eta diphthong as well. In Greek there is no “sh” sound, so the Greek speaker came as close as possible with the sigma which has the “s” sound.

The long “oo” sound we have in the Hebrew does have an equivalent in Greek, and that is the omicron coupled with the upsilon, which placed together make the “oo” sound the translators were looking for. Finally, we come to the “ah” sound at the end of the name. The

obvious question would be, how did the translators mess this up so badly?

Contrary to the belief this comes from the name Zeus (below), this is exactly how it should be. In Greek, names always take what is called the nominative form. Greek uses case endings to alert the reader as to what form a word is in.



The first thing a Greek student will learn is the nominative form as this is going to be the subject of a sentence as well as the base form for someone’s name. The other major difference in Greek from English is that of gender. Greek assigns one of three gender choices to every word. Male, female, or neuter.

And this is where our change at the end of the name comes. In the nominative form, the male case ending is a sigma, σ and a female case ending is an alpha α. The only way the translators could have put an alpha on the end of Yeshua’s name to represent that last “ah” sound, is if they wanted to tell their audience He was female.

Obviously, this would not work, and thus the male nominative case ending, sigma, was attached to the end of the name since Yeshua was in fact a man.

With the change in language to the I and J which I mentioned above, the Greek name “Iēsus” was changed to “Jesus” as the J was seen as a consonant and not a vowel.

The name “Jesus” is nothing more than a perfectly natural transliteration of the Greek name “Iēsus,” which in turn is the best possible transliteration of the Hebrew name “Yeshua.” The notion that the name “Jesus” comes from “Hail Zeus” or that this name carries with it some form of paganism is extremely ignorant and has no factual evidence to back it up.

Yet, some might argue that the Apostolic Scriptures were written in Hebrew or Aramaic, and therefore, this name is once again taken from a Greek culture and somehow carries with it pagan roots. For this, we will now turn to the next objection.

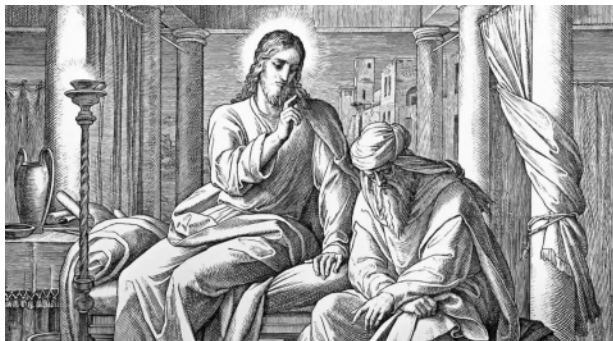
The Apostolic Scriptures Were Written in Aramaic/Hebrew

Among the Hebrew Roots and Messianic circles many consider this to be a fact. Most people will argue that Yeshua and His disciples were Hebrews living in Israel, and of course they were speaking Hebrew. Is there truth to this?

Yes, there is some truth in this. Yeshua most certainly did speak Aramaic and we see this from the Scriptures themselves. It is likely that He spoke Hebrew as well, but evidence shows that Hebrew was mostly used in the Synagogues for liturgical purposes within Judea and for reading Torah, but not much beyond this.

The bigger question is this: “Were the Gospels written in Hebrew or Aramaic?” To this we can most certainly say no. I am fully aware that there is mixed perspectives on this within scholarship, but the vast majority of scholars agree that the Gospels were written in Greek. How can this be?

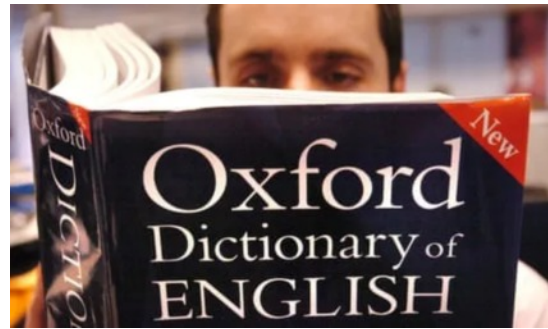
First, there is literally zero evidence of any Gospel be penned in Hebrew or Aramaic. The earliest manuscript that we have of a New Testament book in Aramaic is the 13th century AD (or later), almost 1200 years or more after the Gospels were written. We do have plenty of 2nd, 3rd, and 4th century manuscripts written in Greek.



Second, we know that Greek was the lingua franca of the day, even within Israel. In the Gospels themselves we can see that Yeshua and Nicodemus were speaking Greek and not

Aramaic. Nicodemus is called “The teacher of Israel” and certainly Yeshua could have spoken Aramaic, but they spoke Greek with each other.

Third, Yeshua tells His disciples to make disciples of the nations (Matt. 28:19). Hebrew and Aramaic were prevalent within Judea among the Jews, but even the Jewish people in the rest of Israel spoke Greek. Writing in Hebrew would be the last thing a person would do in order to reach people outside of Judea.



1. There is a fascinating history of this shift and the history of the letter J in the Oxford English Dictionary, p. 1496.
2. (Editorial Note: It has been pointed out that there are names that end with alpha in the masculine form. For instance, Eliah comes into Greek as Elias. Although there are several reasons why Greek might have dropped the alpha on the end of the name Jesus, any suggestion I could make would be speculation on my part, as the New Testament writers were not the ones to make these decisions.

The transliteration of these names goes back to ancient Hebrew Greek centuries prior to the writing of the NT. The name Jesus has a sigma in the nominative form, but not in other forms such as the genitive. Although there is no alpha present in the transliteration of the name Yeshua, there would still be a sigma on the end of the name in the nominative form).

3. I know many will turn to the references to a Hebrew Matthew or a Hebrew Gospel, I will touch on this below.
4. For a full treatment of this argument see Rob Vanhoff's article “Did Yeshua Converse with Nicodemus in Greek?” [Article Here](#): (Last checked 8/22/17)

The End OS23508

Some Fascinating Nuremberg Trial Documents

By
Ingrid Rimland



Ingrid Rimland

IT JUST SO HAPPENS that I came upon some fascinating Nuremberg Trial documents, published by a John Mendelson in a book titled "*Holocaust*." These are the transcripts of the inter-

rogations of Julius Streicher, the much-reviled 1920's nationalist leader in Germany and publisher of "*Der Stürmer*."

The story of Streicher is tragic in that he was hanged at Nuremberg as the only man who was convicted not for what he had done, but for what he had written.

The content of these interrogation transcripts is so powerful that I will convert additional excerpts into later ZGrams, but I won't run them back to back. The point I wish to illustrate today, in part, is the usefulness of studying Jewish-produced Holocaust books, to find documents rarely available to Germans, and to marvel at how eerily the Weimar Republic up to 1933, the early decades of the century, resembles America five minutes to midnight as reflected in Zippergate as this bloody century that gave birth to the Jewish-inspired and Jewish-led Bolshevik Revolution is coming to an end.

In future ZGrams, I will tell more of the nationalist work and the last days of Streicher. Today I want to merely introduce him via these Nuremberg documents to my readers, to show how he met Adolf Hitler and without a moment's hesitation submitted himself and transferred his own political party to Adolf Hitler's leadership.

As you read these transcript excerpts, please keep in mind that virtually all of them were translated by Jewish translators in American uniforms and that the translations are tailored so that they fit the aims of the prosecution at the International Nuremberg Tribunal. So take them with a grain of salt and read them with some caution - but even so, they are a remarkable

historical record: Testimony of Julius Streicher, taken at Nuremberg, Germany, on 1 September 1946, at 1410, by Col. Howard A. Brundagem, JASDG. Also present: S/Sgt. Howard M. Levi, Court Reporter and Rudolph Pressburger, Interpreter.

Q: What was your official position, if any, in the Nazi party?

A: I was a Gauleiter.

Q: Were you a member of the Party before you became a Gauleiter?

A: Yes.

Q: And when did you join the Party?

A: I believe in 1922. I want to say the following before, that the National Socialist Party was dissolved in 1921, and I officially joined it in 1924. I renewed my membership to the Party. (...)

Q: I understand that you were one of the leaders of the Party in the early days.

A: Yes.

Q: Can you tell me what that program was in its essential parts?

A: Yes. Maybe before we write, I want to first make an outline because it came so all of a sudden, I mean the demands.

The program was divided into two main parts, the program for the outside, and the rehabilitation of the nation; and the breaking of the Versailles dictates; the rehabilitation of a social, economical order; and the rehabilitation of the working class, and the creation of a sound working system; and the problem of the racial question. Those are the main points. (...)

Q: What about the teaching of the preservation of the lines of the master race?

A: Yes, I wish I could express myself openly.



Q: Well, go ahead.

A: Before the first World War, I belonged to the Young Democratic Party. The leader of the Young Social Democratic Party was a Mr. Cramer, who worked at Kohn's bank in Nuremberg. I have talked very often at the evening meetings of the Young Democratic Party. I didn't know any racial questions at that time. During those discussions, I received opposition from young lawyers who were talking against me.

This holds true especially when I talked about nationalistic matters. On my way to Rome, I was warned by this Mr. Cramer that I should express myself in those meetings more carefully, since all those young lawyers were Jewish, and I asked him what the word "Jewish" means.

This Mr. Cramer told me: "Streicher, be careful, the Jews are very mighty." This was the first time that I was conscious of the fact that the Jews are no religion but a race. Between Catholics and Protestants you can differentiate, but you cannot differentiate between Protestants, Catholics and Jews, according to the race.

After the first World War I came as an officer from the field, and desired to work again at my old trade. I was a school teacher. Then I saw for the first time the red posters saying that the public should attend the revolutionary meetings.

Time and time again I went to those revolutionary meetings, and I was astounded to see that all the speakers were members of the Jewish race. The speakers were inciting the working class and telling them of the good things of former times. I volunteered, last time, for a discussion and took opposition to one of the Jewish speakers.

I told the workers that it was unnatural to be led by members of the Jewish race. I told them that it would be unnatural if a member of the Jewish race would go to Palestine and dare speak in a Jewish meeting against their own nation. (...)

Q: Go ahead with your story.

A: This takes place in the spring of 1919. After this speech and this discussion, the whole room applauded me. I went to the next revolutionary assembly of the Communist Party. Everything was prepared so I didn't have to talk any more.

I again reported for the discussion. At this time I was torn off the speaker's platform. They spit at me and threw me out of the assembly hall. At that time I decided to hold my own meetings and to enlighten the public. At that time, no one had heard anything about Adolf Hitler.

Destiny told me to fight for my people, my race. My first assembly meeting in the Hercules Velodrome was crowded. Ten thousand people were standing in front of the assembly hall, and it had to be kept in order by the police. I spoke at this assembly for three hours.



I told how the German people were enslaved by the treaty of Versailles, and I said that it is impossible that in all states in Germany, Jews were made ministers. I also declared in this assembly that it is up to the German people to govern themselves. I declared that the Jews as a nation by itself would refuse to be governed by ministers of English, French or German nationality.

Q: You said "English, French or German"?

A: Nationality. I also declared that if Germany wanted to be free again, the treaty of Versailles has got to be broken, and also the reign of the Jews in Germany. Until the year 1921, I had a big mass meeting in Nuremberg every week. Besides that, I participated several evenings during the week in discussions, in smaller groups.

That is how the mass movement of German workers got together in Nuremberg. In the year 1921, a wholesale man from Nuremberg asked me if I had heard speeches of Adolf Hitler. I got interested and went to Munich, to an assembly in the Buergerbrau of Adolf Hitler. At that time I did not know Adolf Hitler. At that time I heard him for the first time at Munich. He spoke for almost three hours.

The enthusiasm was enormous. I myself was very enthusiastic. After Adolf Hitler was finished with his speech, I arose and forced myself through the crowd to the: speaker's desk. I went towards him and introduced myself. I spoke to him: "Heil Hitler! I heard your speech. I only can be the helper but you are the born leader. Here is my movement in Nuremberg." On that evening I gave the movement which I created in Nuremberg to Adolf Hitler. It carried the name of "National Socialist German Worker's Party."

Who do you think were the first thugs in this story? And who are the control thugs now?

The End OS23511



Harold Stough Notes The Battersea Shield From His Pamphlet Collection By Merike Joosep

Battersea shield.

THE 'BATTERSEA SHIELD' was found in the Thames at Battersea, South London. It was made in the Iron Age, between 350 and 50 BC. The Battersea shield is not actually a complete shield, but only the facing, a metal cover that was attached to the front of a wooden shield.

It is made from different parts of sheet bronze (4 sheets and 3 decorated panels), held together with bronze rivets and enclosed in a binding strip. All the rivets are hidden by overlaps between different components where the panels and roundels were originally attached to the organic backing.

The decoration is concentrated in the three roundels. A high domed boss in the middle of the central roundel is over where the handle was located.

The La Tène-style decoration is made using the repoussé technique, emphasized with engraving and stippling. The overall design is highlighted with twenty-seven framed studs of red glass 'enamel' (opaque red glass) in four different sizes, the largest set at the Centre of the boss.



The dominant repoussé forms on the shield are the palmette and interlocking S-motifs.

The shield doesn't have any sign of battle usage.

Dimensions

Length: 77,7 cm

Weight: 3,4 kg

Width: 34 cm

(The British Museum)

The End

Great Tartaria

Its History and Recent Destruction of the Most Advanced Civilisation Ever

By James W Lee



ONCE UPON A TIME THERE WAS A HIGHLY ADVANCED CIVILIZATION TODAY KNOWN AS GREAT TARTARIA. She disappeared a few years ago. Its vestiges are still everywhere.

This civilization dominated technologies more advanced than the present ones. Its geopolymer concrete was eternal and grew stronger over time. Its gigantic iron and glass structures, surmounted by domes and metal needles, were present on every continent.

Associated with mercury, they distributed free atmospheric energy to everyone. Its towers and railway stations are still in operation. Unfortunately, the technology of free energy from the Aether was destroyed and “imprisoned” and old technology reintroduced, like cables and wires to distribute energy and make handsome profits.

The story goes that Nikola Tesla had ‘discovered’ the technology to connect to the Aether and provide unlimited power to everyone, anywhere, at any time. You could travel by boat, car or plane for free by simply accessing natures

magnetrical energy that is omnipresent and we have not been ‘allowed’ this free energy to all due to our capitalist capitalizing system of greed and domination by those in power even to this day.

So, for over 100 hundred years we have been denied a benevolent system of free energy to all. Mr. Tesla, if he even existed, was a front man to hide the Tartarian free energy devices you will see detailed extensively in this book.

The Fake History has been called the Ancient architecture as ”Moorish revival” or “Mauresque” and “Islamic”. And also “Colonial”, “Medieval”, “Neoclassical”, “Baroque”, “Romanesque”, “Gothic”, “Beaux Arts”, “Eclectic”, “Tudor”, “Renaissance”, “Palladian”, “Richardsonian Romanesque”, “Chicago School” or “Victorian”.

And labelled them as fashionable styles, to hide the old and true function of its columns, arched openings, pinnacles, rose windows, naves ornamented with iron columns, towers, and domes. In addition to having cut the ends of the pinnacles in the photographs or add crosses that did not exist before.

History tells us that the first power stations were first established in Cairo, Egypt in 876, according to Wikipedia. It is the largest and oldest in Egypt, in its original form. All Tartaria power stations, small and large, had pipe organs to harmonize and heal the population through sound waves, what is now known as “cymatics”.

The churches and cathedrals we see throughout the world all share similar design patterns that were designed with sacred acoustic geometry to maximize vibration, tone and resonance to heal and help download higher consciousness.

After the Great Purge of the Tartarians, the religious orders, spearheaded by the Romanov’s, reconstituted these amazing structures into Presbyterian, Catholic, Anglican, Mormon synagogue, mosque temples ecetera. Russian

scholar Antony Fomenko wrote a most important series of a 7-volume book series called, '*History, Science of Fiction*' where he proves that modern written history dates only back to 1200 AD. This dovetails with the creation of the trilateral New World Order (NWO) founding of the Vatican, City of London and Washington D.C.

the Vatican uses Latin as its official language. *Novus Ordo Seclorum* is Latin and translates to New Order of the Ages and is on the United States Great Seal and United States one dollar bill. Washington DC is located in both Virginia and Maryland. That is Virgin Mary Land.



DC was originally called Rome in 1669 which is stated in the Catholic Encyclopedia. DC is Roman architecture and Capitol Hill is named after Capitoline Hill in Rome.



The United States is defined as a federal corporation under US code 3002 section 15. The Virginia Company was turned into the United States during the non-occurring Revolutionary War by the Freemasonic Founding Fathers who were serving the Grand Lodge of England.

I refer you to the UNITED STATES CODE (note the capitalization, indicating the corporation, not the Republic) Title 28 3002 (15) (A) (B) (C). It is stated unequivocally that the UNITED STATES is a corporation.

The ancient Roman fasces symbol is all over federal buildings and federal seals. The federal government is based on the Roman Republic which was a fascist empire.

Roman fasces, where the word "fascist" comes from. They had bundled caning rods and an axe for anyone who disagreed with Roman Laws. The Colonna family ceremonially rule over Capitoline Hill which represents political power of Rome's corporate empire.

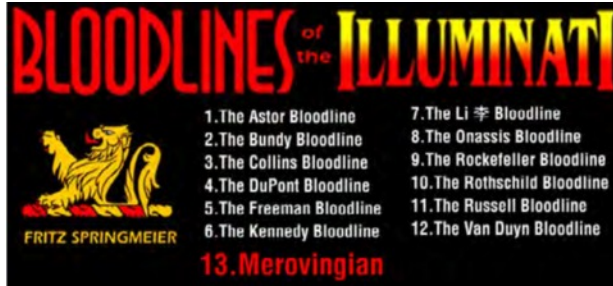
The Virginia Company was issued by the British royal family from the City of London Corporation for North American settlements.



In 1213 King John surrendered the Kingdom of England to the Holy See under the Golden Bull. In 1215 under direct papal authority King John issued the Magna Carta (Latin for Great Charter) and that established the one-mile square block called the City of London Corporation as a sovereign entity from England and London. The Holy See uses Latin for official documents and

The column symbolizes the political support that maintains their claim to governmental land ownership.

An order issued by the Privy Council, presided over by the Late Queen Elizabeth II on June 6, 2022, to replace existing fiat currency with gold and silver. The highest value £1000 gold coin will have a depiction of Rome on it.



The NWO also rewrote his-story during the revision of history during the epic reset between the mid-1800's until the 1930's when the Court Hofjuden, David Rockefeller, along with the Rothschilds (Red Shield) began the many stories of the Big Bang, Evolution and the his-story of religious myth and lore.

The Court Hofjuden were/are the Ashkenasi Jewish people who were conscripted by the Vatican to be allowed to make the all the money and all the fame, as long as the Vatican, Jesuits and 13 Satanic Bloodlines would be provided with information and power.

The Vatican set up confessionals, for the same purpose and runs a worldwide spy spook agency called "The Entity" which owns and controls all major spy agencies including the CIA, NSA, MI6, Mossad, etc. This is all part of their "One World Order" as stated in Latin on the back of US dollar bills.

The Old World Order were the benevolent Tartarian's. One of their only primary directives was that "What you take back from Nature, you give back more!". Their Nature/Nurtures was based on Isis, the Moon Goddess, who created and provide for all.

One can only conclude, given the extremely similar structures we see throughout the world, that all lived in common language and were all related in common thought, intention and design. They had healing centres for animals.

They had passive relations with all life because they had advanced their consciousness to emanate Love and benevolence to all. Their flag was of a Griffin, which was a real animal!

The Griffin is part human, part eagle, part lion, and part androgynous bull. It appears, from their maps and legend, that there also existed Centaurs, flying turtles and Unicorns.

They then, we can only surmise, that the entire Tartarian people were destroyed when the NWO learned how to use the Tartary technology and use it to destroy the entire culture and erase their existence from modern his-story books of today.

If you look carefully at the photos and images in this book, you will see these massive buildings that would mean their were hundreds of millions, maybe even tens of billions of Tartarians that were "eliminated" when the healing technology was used to destroy.



We find millions of bones buried under cities and massive insane asylums, where they likely imprisoned the adult Tartars, after they had separated them from their children (to be sold for slave labour and shipped on "foundling trains), that had crematories and large graveyards on their sites.

And did the once Great Tartarians enjoy a one common language, as the Tower of Babylon suggests? Britain has over 44 dialects alone! So now do we 'languish in our languages' created by the NWO order and Phoenicians so that now our definitions are to 'deaf Phoenicians' and we "babble on and on" with all the varying dialects, idioms and Roman Latin etymologies?

The New World Order we see unfolding today likely genocided the Tartars, under the Spiritual mind and body control of Lucifer and Satan. Some of these mind-controlled NWO are called "Blue Bloods" due to their blood being of higher copper content than non-RH negative blood line humans. The Rh-negative bloodline allows genealogical DNA traits to passed on, whereas

any “contamination” of positive + bloodlines corrupts the purity of the bloodlines. Most are not even aware that all US Presidents have negative blood and their lineage can be traced back to King Charles II of the 17th century and Vladimir the Impaler aka the original Dracula!



The Jewel of Prague: The World’s Oldest Astronomical Clock Still in Use

Mar 8, 2018 Stefan Andrews

to represent the solar system. In the Tartarian astronomical clocks, the earth was at the centre of Gods Creation. These clocks were complex calculating machines. They used terms like “computus” and to operate them sophisticated mathematical knowledge was required.

The invaders invented the heliocentric model and the Copernicus character, among many others, to be able to recreate the history of humanity and erase traces of their recent crimes and destruction of the great civilization of Tartaria.

Throughout the world, invading forces that defeated Tartaria appropriated their palaces and red power stations and turned them into universities, museums, theatres, banks, prefectures, chambers of commerce, stock exchange, churches, high school, courts, banks, post offices, libraries, opera theatres, biomedical research institutes, casinos and tourist attraction, as well as cathedrals, synagogues and churches and rewrote their history chronicled in the collective “Wikipedia”.

To be very clear, Tartaria was the Whole World with a unified language and design. How could the many pyramids found all over the world incorporate the same thought and designs, if the Tartars were not all connected somehow?

And they continue to paint the structures that extract energy from the Aether with the same colours as Tartaria. And keep destroying. Tartaria was the whole world: Asia, Africa, Europe, Oceania and the Americas were part of a single High Civilization and had the architecture focused on the extraction of magneticritical energy.



Great Tartary was then divided into civilizational categories like the Ottoman Empire, Byzantine Empire and Ross Empire. These changes were then ‘archived’ into the likes of throne room of the Grand Kremlin Palace in Moscow, the National Archives of Britain and in the Library of Congress in Washington. The NWO parasites also interrupted the astronomical clocks of Tartaria because they used the geocentric model

Where are the Design Plans? We will see over and over again how

- 1) Fires were said to destroy most of the structures,
- 2) Architectural drawings and blueprints are never made available,

- 3) Iron forgery plants not located,
- 4) Where the stones, bricks, copper, iron, etc. came from or
- 5) How these massive structures and incredible engineering feats were accomplished. Would they not be sharing all their amazing know how with us all? Yet, you will find very little, if any, available literature on any of the above.



Figure 8. The Tesla Shield

The Architecture to Extract Energy The world architecture for electromagnetic energy extraction derives entirely from the High Civilization Tartar Aryan.

It is characterized by the use of arch openings, columns, domes and towers. In addition to details such as rose windows and muqarnas, symbols of the vibration of electromagnetic energy, which acts on molecules and changes the behaviour of cells.

Formerly these waves could act in healing, levitation and transport, besides provoking feelings like harmony and euphoria. This energy can now be used in another way.

The architecture of the Tartaria undergoes slight modifications and influences according to the local characteristics of climate, culture and material resources but maintains the basic principles throughout the world.

You will find that pyramids, theatres and Colosseum's all had water channels running under them directly where the sound energy was directed. The Star Forts seem to have been designed to create a micro-domes that protected the inhabitants and resonate harmony. This was detailed in Tesla's 3-dimensional shell is created by **interfering two Fourier-expansion, 3-**

dimensional scalar hemispherical patterns in space so they pair-couple into a dome-like shell of intense, ordinary electromagnetic energy.

The air molecules and atoms in the shell are totally ionised and thus highly excited, giving off intense, glowing light.

Anything physical which hits the shell receives an enormous discharge of electrical energy and is instantly vaporized -- it goes pfft! like a bug hitting one of the electrical bug killers now so much in vogue.

The elite survived by utilizing them during the resets. Look at some old depictions of star forts that were surrounded by walls of mud and remained mostly undamaged. Imagine a society that created free energy with the classical arts and our jobs were musical in nature.



On the Solfeggio scale 528 Hz is significant. These sound frequencies we created made plants, humans and animals grow larger and maintained a temperate climate.

All cities located at strategic points on Earth along canals, rivers, seas, lakes and oceans were Star Fortress and had electromagnetic energy extracted from the ether. The energy was then captured through towers and obelisks and stored in the red and white striped power stations of the High Civilization lately called Great Tartaria.

They always had a water fountain nearby. The electromagnetic energy was extracted and stored in toroid coils at the power plant summits, covered with copper, positioned below the towers.



Fort Bourtange Star Fort

Star Fortress' coordinated the distribution of water, gas and electromagnetic energy throughout the Earth, ran the world food and transport system, was responsible for all communications, health, education, culture, and well-being.

Underground tunnels, magnificent communicating vessels with platforms and palaces, interconnected all the cities around the world, running in disruption. **Through them were billions of people, luggage, objects, correspondence. On the surface, well-planned cities, magnificent buildings, huge parks, power plants, music, culture, art. In the sky, immense airships for those who prefer to observe the world from a bird's point of view.**

An inaccessible world, forever lost, whose traces can only be found in yellowed photographs, in the contemplation of buildings whose architecture seems incomprehensible by today's standards of understanding 'modern' civilization. Great Tartaria had no colonies.

It was a One World civilization, united in common understanding and speaking the same language - Tartar (Arabic) and Sanskrit. A One World civilization without frontiers, with independent nations, ruled by qualified princes, elected by a local council of wise men but counselled by women.

'Colonies' were an invention of the British-Jesuit-Empire, which defeated this once beautiful civilization, enslaved their white and black people, addicted them to opium and other drugs,

turned the fragile nations into colonies to rob and destroy it and erased all the worldwide White Cities.

Then, they installed their puppets in every government and rewrote all of his-story. Public schooling founded by the Rockefeller and Rothschild "Court Hofjuden's" successfully reprogrammed our historical narrative once the children were separated from their parents.

It is said that once one generation believes something to be true, the next generation assumes it be true.

The Tartar-Aryans are the cradle of civilization as the survivors and descendants of Hyperborea. Hyperboreans were the first inhabitants of the Earth. The Scythian-Tartar-Aryans are the survivors from Hyperborea (Below).



They taught to the world their advanced technologies, always respecting the local culture and religion and promoting interracial alliances through marriages - since the miscegenation was one of the characteristics of their Ancient Golden Civilization.

This is why the DNA Tartar-Aryan is in all peoples from Earth. That is why the roots of the Russian language are in all artificial languages created in 19-20th century by the Jesuit parasites 'scholars' led by Joseph Scalager.

In exchange for low taxes, Tartary would offer the protection of its armies - the fearsome Golden Horde. But we were defeated by DEW and chemical weapons that were only used for benevolent purposes by the Tartarians. The elimination of the Tartarians occurred less than

150 years ago! Look at today's Russia - officially called the Russian Federation - and you will understand how the world was in the Old Days.

Now, within the present Russian borders, live more than 150 different ethnicities whom coexist with different degrees of knowledge and development - and their people speak 200 different languages and dialects. The Russian literacy is 98%.

The remnants of the once Great Tartary still can be seen there. In the days of Tartary technologies and understanding of the use of frequency,

vibration, and energy, the keys to the Universe, were far more advanced than current ones we understand today. Nikola Tesla was said to have discovered "free energy", yet the Tartarians had mastered these universal energies. How did they construct and build out their incredible cathedrals and buildings? Did they have gigantic machines to print exquisite ornament to buildings and others for making canals to join oceans?

To be continued OS19700



Letters And Views



What is striking is the presence of the letter "W", which did not exist in the Latin alphabet, another reason to question the authenticity of the alphabet, it was deleted as an Anglo-Saxon creation and after the order, but in one of the manuscripts of the 12th century, the Bib Lioteca National de Paris the letters is "W" is present .

However, it appears that there are documents from the 12th century that use it and that the w may be some kind of password or additional symbol.

But the reason for the "W's presence for the Templars may have arisen for two reasons

The Secret Alphabet of the Templars

Sir__, The Templars were great masters in the art of cryptography, a secret alphabet that they were supposed to use in their trade transactions and secret documents, although of course the use of the alphabet was limited to high offices, and most Templars never knew of their existence.

1 - Confuse a possible spy.

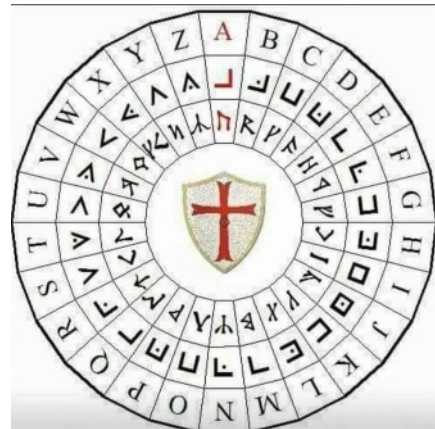
2 - More likely: It is a password for business documents written in this temple alphabet

It has been assigned to approximately the 12th century. It became known to non-Europeans as early as the 19th century and appears in works primarily carried out by the Freemasons. This fact could lead to suspicion that this Templar alphabet is not authentic.

The letters of this particular alphabet were represented by angles and points determined by the cross.



In Toledo Cathedral, on one of the outer walls, many of these signs can be seen.



The alphabet was made from the cross that the Templars carried, it hangs on a ribbon. This cross is the Cross of the Eight Beatitudes (cross with eight points).

The Cross Labelled in a Polygo

The reading of this alphabet was carried out using a medallion in the form of a secret code that the elected gentlemen wore around their neck.

If you place the cross of the eight beatitudes within a square, it leads to different shapes, angles and points.

Each of them is represented by a letter.

In this secret alphabet, each letter had a different meaning depending on its position. **Yours truly, Steve Nun. Truro. UK.**

To The British People



**The Almighty God of Abraham
Who made the British great.
Will very soon return to earth
As the Scriptures do relate.**

**To save His servant people,
A nation robbed and spoiled
Of all the wealth of centuries.
For which their fathers toiled.**

**God's multitudinous army
Has invaded their fair land.
With terror, agitation, strife.
Unrest on every hand.**

**Since they've ceased to worship Jesus,
To honour His great name.
And praise Him for His benefits
To the nation, as they came.**

**With law and order breakdown.
Health Service crisis too.
Pension Schemes now failing
To deliver when they're due.**

**Production of our industries.
Things that were 'British Made',
Are manufactured now abroad
At a fraction Brits were paid.**

**Orchards have been ploughed up.
We cannot fish our sea.
Farming is now well cut back.
To please the E.E.C.**

**The Socialists are now in power.
They are ruling! Is their claim;
Is this their 'Utopia'
The cause of all this pain?**

**But, it's not the final chapter.
Of some sad inglorious end.
For though transgressions may be great.**

Prorogation of Parliament

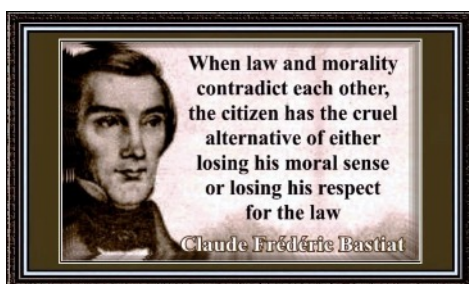


Help Richard Out Re: Prorogation

Sir__, According to online MSN Charles is removing Harry, Andrew, and Andrews daughters from the line of succession, however the sitting sovereign has no say who succeeds them our Kings are elected and the people can bypass the next in line or even change the line of Kings completely. This King is exceeding his authority.

The King and privy council run the country until parliament reopens. Now I do not trust Charles so it could be a way of doing things which parliament as a whole might refuse to do such as give authority to govern to the **WEF** and **WHO**.

Also as Richard Vobes said in his video; it is also a way of stopping Andrew Bridgen's bill/debate. **Yours truly, Jane Birkby. UK.**



The Lord Jesus is your friend.

Memes

He's the great God who will save you.
His instructions still are true.
They are recorded in the Scriptures,
This is what He says to you:-

2 Chronicles ch 7 V 14.

If my people that are called by My name
Will humble themselves and pray.
And seek My face.
And turn from their wicked way.

Then will I hear from Heaven,
And will forgive their sin.
And will heal their land.

Posted By J Ray Johnson, UK.

A Sussex Poem

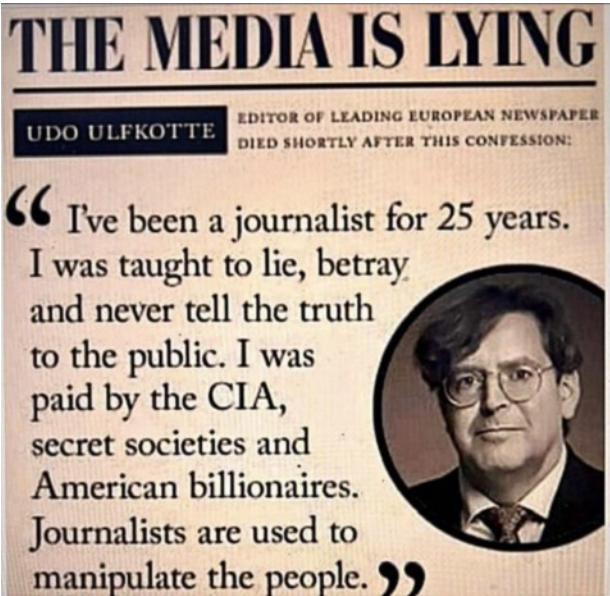


All folks as come to Sussex
Must follow Sussex ways –
And when they've larned to know us well,
There's no place else they'll wish to dwell
In all their blessed days –

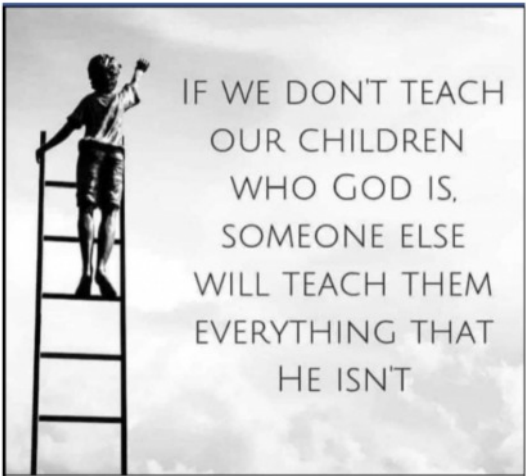
There ant no place like Sussex,
Until ye goos above,
For Sussex will be Sussex,
And Sussex won't be druv.

Posted by P. E., West Sussex, UK.

The Culdee Church
By
Rev. E. D. More
1868 (HERE)



It's crazy, people take
prescription pills without
hesitation, well aware of all the
side effects, yet offer them
something holistic and from the
Earth, and they become skeptic
researchers



History Destroyed and Re-Written

“Every record has been destroyed or falsified, every book rewritten, every picture has been repainted, every statue and street building has been renamed, every date has been altered. And the process is continuing day by day and minute by minute. History has stopped. Nothing exists except an endless present in which the Party is always right.” — George Orwell, 1984. Posted By Dan Johns, USA.

The End

The Invisible Rainbow Cancer and The Starvation of Life (Part 5)

By
Arthur Firstenburg



Power lines from Hoover Dam carry electricity to the Los Angeles area.
(This photo by Charles O'Rear is part of the National Archives digital collection)

YOU MAY NOTICE THAT THE POSITION OF NEVADA SHIFTED MORE THAN ANY OTHER STATE BETWEEN 1931 AND 1940. For some reason, deaths from heart disease, diabetes, and cancer rose dramatically in Nevada while the rate of household electrification rose only modestly.

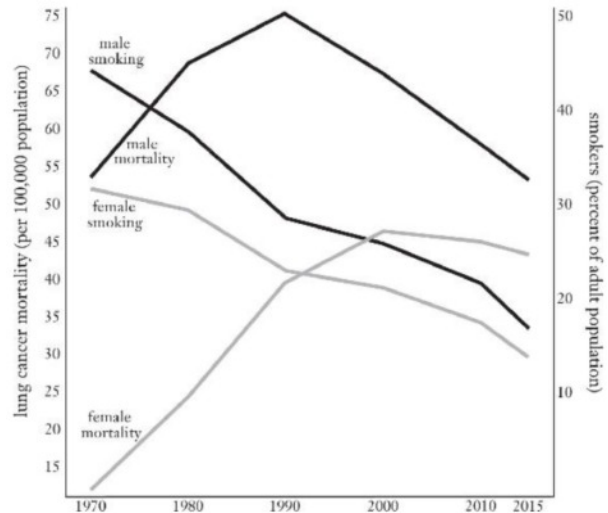
I propose that the construction of Hoover Dam, completed in 1936, was that reason. The most powerful hydroelectric plant in the world at that time, its one billion watt capacity supplied Las Vegas, Los Angeles, and most of Southern California via high voltage power lines that coursed through southeastern Nevada on their way to their destinations, exposing the surrounding area—where most of the population of the state lived—to some of the world’s highest levels of electromagnetic fields.

In June of 1939 the Los Angeles grid was connected to Hoover Dam via a 287,000-volt transmission line, also the most powerful in the world at that time.

Two types of cancer deserve additional comment: lung cancer and brain cancer.

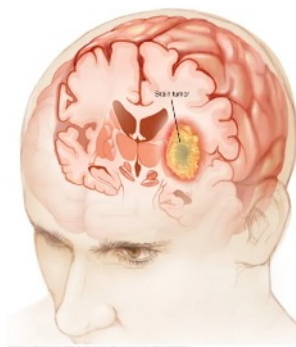
As the following graph shows, the percentage of adults who smoke has declined steadily since 1970 among both men and women. Yet lung

cancer mortality has almost quadrupled in women, and is virtually the same in men as it was fifty years ago.



When non-smoker Dana Reeve, the 46-year-old widow of “Superman” actor Christopher Reeve, died of lung cancer in 2006, the public was stunned because we had had it drummed into us for decades that this type of cancer is caused by Smoking.

Yet lung cancer in people who have never smoked—if you consider it as a separate category—ranks today as the seventh most common cause of cancer deaths worldwide, even before cancer of the cervix, pancreas, and prostate.



Brain tumours deserve mention because, obviously, of cell phones. Several billion people in the world are exposing their brains for up to hours per day to microwave radiation at point blank range—a new situation that began in approximately 1996 or 1997 in most countries.

Yet honest data on brain tumours are difficult to obtain because special interests have controlled

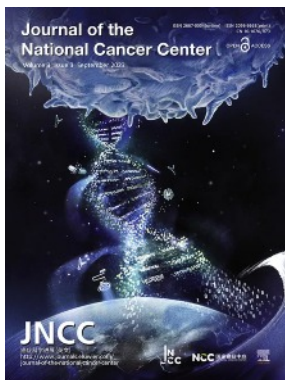
most of the research funding on brain tumours since the advent of digital cell phones two decades ago. As a result, a media war has pitted the independent scientists, who report a tripling to quintupling of brain cancer rates among those who have used their cell phones for ten years or more, against industry scientists who report no increase in cancer at all.



Neurosurgeon Charlie Teo

The problem, as Australian neurosurgeon Charlie Teo tells those who will listen, is that all the data on cell phone usage comes from databanks controlled by cell phone providers, and “no telcos have allowed scientists access to their records for these large studies.”

I found out firsthand how closely not only the telecom providers, but the scientists they fund, guard their data, when I requested access to some of it in 2006. Yet another industry-funded study was published, this time in Denmark, purporting to show not only that cell phones did not cause brain cancer, but that cell phone users even had a lower rate of brain cancer than everyone else.



In other words, those scientists would have the world believe that people might actually protect themselves from brain tumours by holding a cell phone to their heads for hours per day.

The study, published in the Journal of the National Cancer Institute, was titled “Cellular Telephone Use and Cancer Risks: Update of a Nationwide Danish Cohort.” It claimed to come to its conclusions after an examination of the medical records of over 420,000 Danish cell phone users and non-users over a period of two

decades. It was clear to me that something was wrong with the statistics. Although the study found a lower rate of brain cancer—in men only—among cell phone users than non-users, it found a higher rate of exactly those cancers that Swedish scientists Hallberg and Johansson had reported to be caused by radio waves: bladder cancer, breast cancer, lung cancer, and prostate cancer.

The Danish study did not report rates of colon cancer or melanoma, the other two types of cancer that the Swedish researchers had mentioned. However, the Danish study did additionally find that testicular cancer in men was higher and that cervical and kidney cancers in women were significantly higher among the cell phone users.

I sensed manipulation of the data, because the only type of cancer for which a “protective” effect was reported was the type of cancer these scientists and their funders were trying to convince the public that cell phones did not cause: brain cancer.



It occurred to me that all of the study’s subjects had actually been using cell phones for a long time by the year 2004, when the study ended.

The only difference between “users” and “non-users” was the date of first subscription: the “users” first bought a cell phone between 1982 and 1995, while the “nonusers” didn’t buy one until after 1995. And all the “users” were lumped together.

The study did not distinguish between people who had used cell phones for 9 years and people who had used them for 22 years. But according to the study, those who subscribed prior to 1994 tended to be wealthier, and drank and smoked

much less, than those who first subscribed later. I suspected that controlling for length of use might change the results of the study. So I did the natural, normal, accepted thing that scientists do when they wish to validate a study that is published in a peer-review journal: I requested to look at their data.

On December 18, 2006, I sent an email to the lead author, Joachim Schüz, telling him that I had colleagues in Denmark who would like to look at their data. And on January 19, 2007, we were cordially refused permission.

The letter of refusal was signed by three of the study’s six authors: Schüz, Christoffer Johansen and Jørgen H. Olsen.

Meanwhile, Teo is sounding the alarm. “I see 10 to 20 new patients each week,” he says, “and at least one third of those patients’ tumours are in the area of the brain around the ear. As a neurosurgeon I cannot ignore this fact.”

Many if not most of us have one or more acquaintances or family members who have, or have died from, a brain tumour. My friend Noel Kaufmann, who died in 2012 at the age of 46, never used a cell phone, but he did use a home cordless phone for years, which emits the same type of radiation, and the tumour that killed him was in the part of his brain beneath the ear against which he held that phone.

All of us have heard about famous people who have died of brain tumours—Senator Ted Kennedy, attorney Johnnie Cochran, journalist Robert Novak, Vice President Joe Biden’s son Beau (below).



I have in my files, sent to me by the director of the California Brain Tumour Association, a list of over three hundred celebrities who either have a brain tumour or have died from one during the past decade and a half. When I was younger I

never heard of any celebrity who had brain cancer.



Swedish National Board of Health and Welfare HQ

Yet highly publicized studies assure us that brain tumour rates are not increasing. This is certainly not true, and a little investigation shows why the data cannot be trusted, in the United States or anywhere else.

In 2007, researchers at the Swedish National Board of Health and Welfare (above) found out that, for some reason, one-third of the cases of brain cancer diagnosed at university hospitals, and the majority of cases at county hospitals, were not being reported to the Swedish Cancer Registry.

All other types of cancer were being routinely reported, but not brain cancer.

A 1994 study revealed that difficulties in brain cancer reporting were already occurring in Finland. Although the Finnish cancer registry was complete for most types of cancer, it seriously underreported brain tumours.

Here in the United States, severe problems have been found with surveillance not just of brain cancer, but across the board. The Surveillance Epidemiology and End Results (SEER) program, run by the National Cancer Institute, depends on state registries to deliver accurate data. But the data are not accurate.



American researcher David Harris reported at a conference in Berlin in 2008 that state registries cannot keep up with the increasing load of cancer cases

because they are not receiving enough funding to do so. "SEER registries are currently faced with the challenge of collecting more cases in less time with often the same limited resources as the previous year," he said.

This means that the greater the rise in cancer, the less it will be reported, barring an improvement in the American economy.

To be continued

Oliver Cromwell

The Monster of England

(Jack Lewis - With acknowledgement to the Real History Channel)

NEARLY SEVEN SCORE YEARS BEFORE THE ILLUMINATI FRENCH REVOLUTION KICKED OFF IN 1789, there occurred a revolution, in England, which also led to the decapitation of a sitting Monarch, followed by a reign of terror.

The Sheriffs of all the counties of the realm were given four months to clear the chosenites out once and for all. The harsh action was based on the usual charges of the usual suspects being up to their usual business.

Though the revolution led by the arch-criminal and temporary dictator (from 1653-1658), Oliver Cromwell, was short-lived, what this self righteous psychopath did altered the course of world history in a major way. Cromwell has always been a favourite of the Jews -- and with good reason (for them, that is).

You know -- things -- like their hateful disrespect for Christianity, coin clipping, extortionate money lending, the ritual murders of Christian children always on the basis of canards and libel have continued to "baselessly" pop up from time immemorial.

You see, Cromwell was the one who, during his brief reign, brought the Jews back into England. Here's the history:

The King's Order would remain in force throughout the rest of the Middle Ages. --- which has a lot to do with why so many modern Fake Historians refer to those times as "The Dark Ages."

Back tracking to July of 1290 -- King Edward I ("Longshanks"), below, issued the Edict of Expulsion.



Fast-forward 350 years to the 1640's and the contention between King Charles I and the Puritan faction in parliament -- a power struggle which led to two Civil Wars. Cromwell -- an Old Testament quoting, Jewish-loving, Puritan religious fanatic -- (supported and perhaps even funded by the Jews of Amsterdam) -- led the radicals to victory and, a few years later, dismissed Parliament and established himself as "Lord Protector."

In spite of much reluctance among colleagues, Cromwell signed the execution warrant of King Charles -- whom Cromwell suspected of being a "secret Catholic." On January 30, 1649,

Charles was beheaded. With Charles -- whose wife, Queen Henrietta Maria, was a French Catholic -- now out of the way, Cromwell and his not-so-pure "almost Jewish" Puritans soon unleashed a terroristic (almost Jewish-like) persecution upon the previously protected Catholic population of Ireland.

For all denominations, the celebration of Christmas -- deemed sinful by the Old Testament Puritans -- was banned. (here) In London, soldiers patrolled the streets, seizing any food they discovered was being prepared for Christmas Day celebration. Shops had to stay open on Christmas.

The austere work-work-work Puritans banned sports and games. Inns and playhouses were closed, and, much like ultra-Orthodox Jews, the men had to dress in black.

We dug up a March, 1971 New York Times Opinion-Ed column by a self-professed liberal named Paul O'Dwyer -- who was distressed by the modern positive portrayal of Cromwell in a recently released film.

(which extensively quotes Cromwell's own writings) is very informative:

"I have shared many rewarding experiences with fellow liberals, but find it difficult to understand their acceptance of Oliver Cromwell as champion of freedom. Today, they are undoubtedly filling the neighbourhood theatres, where this 17th-century butcher is being portrayed as a courageous "Liberator."



After Charles I was executed on Jan. 29, 1649 Cromwell was dispatched to Ireland to bring the Royalist Army into submission. That adventure soon became a war to bring about the "ultimate solution" of the Irish Catholic problem.

The land owned by the Irish was confiscated and the order "To hell or to Connaught" gave full warning that any who remained would be put to the sword. In the Church in Drogheda, wherein Irish fled for safety, men, women and children were slaughtered. None escaped.

Cromwell's declaration to Irish people, January, 1649, ended in death sentence:

'If this people [Irish Catholics] shall headily run on after the counsels of their Prelates and other Clergy and other leaders, I hope to be free from the misery and desolation, blood and ruin that shall befall them, and shall rejoice to exercise utmost severity against them.'

Evidently, this Irish-born New York City politician must not have been too "Jew-wise" -- for he simply could not understand why so many "fellow liberals" viewed Cromwell as a "liberator." Some excerpts from his column

Cromwell's report on Drogheda to Parliament: 'I put all of them to the sword but 30, and they are on their way to Barbados. I believe all their friars were knocked on the head but two; the one of

which was Fr. Peter Taaff, brother of Lord Taaff, whom the soldiers took the next day and made an end to him ... and therefore it is good that God alone shall have the glory.

In the same castle we took Popish Priest who was Chaplain to the Catholics in the regiment, who was caused to be hanged.'

'The Lord is pleased still to vouchsafe in his presence, and to prosper his own work in our hands. If God be for us, who can be against us? Who can fight against the Lord and prosper? Who can resist his will? The Lord keeps us in his love.'

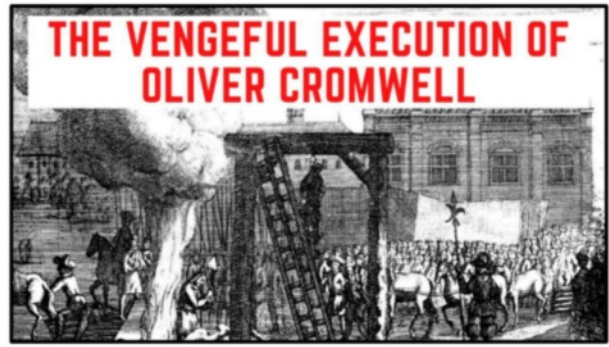
What a sick bigoted blood-soaked bastard!

Cromwell and his intolerant Old Testament 'Puritans' unleashed Civil War but years after Cromwell's revolution was undone, the unpopular 'persecuted' Puritans were the same bunch of psycho fanatics who conducted the Salem Witch Trials and hanged 19 women, 5 died in custody and a man was crushed to death under heavy stones.



Four years after the execution of Charles 1 Cromwell invited the Jews to return to England and brought a few of them into his circle of advisers. Although he brutally crushed Catholic Ireland he was very tolerant of the Jews.

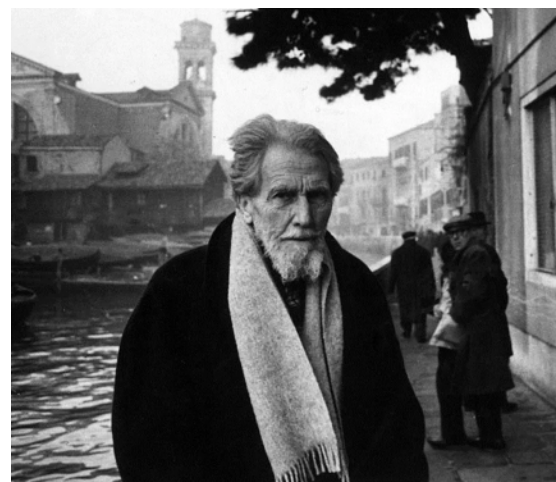
Cromwell died suddenly, at 59 (perhaps poisoned?) after less than five years in power. The monarchy, to the joyful relief of most Englishmen, would then be restored. Cromwell's body was exhumed from Westminster Abbey in 1661, the 12th anniversary of the execution of Charles I, and subjected to a posthumous mock execution.



Though his name was properly blackened in English history, his historic 1653 reversal of the "antisemitic" banishment had already allowed the usual suspects to return to England (below) and, over the course of subsequent decades and centuries; go about their usual business until Great Britain (and the vast empire which it conquered during that era) came under their complete financial and political domination.



It had only been 41 years after the return of the Jews that the private monopoly Bank of England was formed — in 1694. During the remarkable, Rothschild-led Jewish rise of the 19th Century, Cromwell's historical name was, not surprisingly, cleansed and puffed up to "liberator" status!



Ezra Pound

Once squeezed dry like a used-up lemon, "Great Britain" would be chopped up and rolled into Rothschild's New World Order.

The great American poet, Ezra Pound, summed it up nicely during a World War II radio broadcast, from Italy, aimed at the British: "For two centuries, ever since the brute Cromwell brought 'em back into England, the kikes have sucked out your vitals. For a hundred years they have bootlicked your nobility and now where is your nobility?"



**Levy Levinstein
Lawson**

You had at least the semblance of control; you had, let us say, some influence with the Lords of Judaea as long as they wanted your titles, as long as Levy Levinstein Lawson wanted to be

addressed as Lord Burnham.

But when the same scroungers have moved over to New York City, how will you manage 'em? The same bloody minded extortioners, or their descendants. The same financial houses. The same Rothschilds who plotted with Sherman, and Vandergould to kill the American nation, who betrayed the United States in the sixties. Head office in London, agents in the U.S. of America."

Tell it, Ezra. Tell it!

And that, boys and girls, is why the Jews adore that crazed killer of Catholics, Oliver Cromwell, so much. And, by the way, it is also why the Jews around Roosevelt had Ezra Pound confined to an insane asylum for 12 years. After the war.

[Source Here](#)

New Ensign Note Re Cromwell

Circumstances point to Oliver Cromwell himself, a leading advocate of the execution of Charles I, being a Jew. Firstly, Cromwell's great, great grandfather Morgan ap William was a son of William ap Yevan of Wales.

The family line continued through Richard Williams (alias Cromwell), (c. 1500–1544), who

settled at Putney and married Katherine Cromwell (born 1482), the sister of Thomas Cromwell, who would become the famous chief minister to Henry VIII. Putney is quite close to Hampton Court Palace.



Thomas (above) took the alias of Cromwell since Williams was one of those names the Jews adopted after fleeing to Wales, then an independent country following expulsion from England by Edward 1st.

By adopting the name Cromwell, he had a better chance of advancing his career in those days as with the name Williams he would be recognised as a thieving evil Jew.

He managed to rise to a prominent position in Henry VIII's administration and accrue great wealth to himself by seizing the estates of those who did not adhere to the religious beliefs of those days. Like his descendant Oliver. He was found out and executed, although not posthumously like Oliver!

Times have changed! Since the setback by the reinstatement of the monarchy in the person of Charles II. Oliver Cromwell's honour has now been restored by a statue of him standing in a prominent position within the precincts Parliament itself!!

The End



The Biology of Carbon Dioxide - Its Importance to Health

Analysis by Dr. Joseph Mercola
(November 18, 2023)

Story at a Glance



BELOW IS SOME IMPORTANT INFORMATION on the importance of CO₂ to human health and indeed all life as it regulates distribution of oxygen through the body. Dr. Mercola was instrumental in bringing to notice the work of the late Ray Peat a Biologist pictured above.

Carbon dioxide (CO₂) is a driver of energy production, as it improves the delivery of oxygen into your cells. CO₂ also helps protect against the harmful effects of lipid peroxidation

CO₂ and lactate have opposing effects. Lactate is the byproduct of metabolising glucose without oxygen in the cytoplasm. So, where lactate causes problems, CO₂ has beneficial effects

Elevated lactate production is a common theme in diabetes, Alzheimer's, heart failure, shock and general aging. It promotes inflammation and degrades mitochondrial function. Conversely, low CO₂ concentrations have been linked to epileptic seizures, muscle spasms, inflammation, hypothyroidism, stroke and clotting disorders

All these issues, whether caused by elevated lactate or low CO₂, can be successfully treated with CO₂ therapies of various kinds, such as CO₂ baths (where CO₂ is pumped into the tub, much like bathing in carbonated mineral

water) or adding CO₂ into standard hyperbaric treatment

Simpler ways to raise your tissue content of CO₂ include breathing into a paper bag, having an adequate supply of calcium, and supplementing with salt, baking soda or carbonated beverages.

In this 2010 interview, the late Ray Peat, a biologist and physiologist who specialized in the bio-energetic theory of health, reviewed some of the key benefits of CO₂ and how it works within the human body. This article is a summary of the key points made in that interview.

I apologize for the video quality. The video was recorded 13 years ago, and appears to have been shot on a cell phone. In 2010 the cameras were not very good. However, the audio is fine, and more importantly, this information is really hard to come by since Peat is no longer with us.

Only 2,000 people had viewed it when I first saw it.

I watched it four times as it is so good. I'm convinced optimising your carbon dioxide (CO₂) level is one of the most important strategies you can do to slow down degeneration due to aging.

On that point, I will be interviewing one of the leading breathing experts in the world, Peter Litchfield, Ph.D., who will educate us on why most breathing techniques don't work, as they don't address the underlying triggered breathing habits that lower CO₂.

CO₂ is Crucial for Optimal Health



CO₂ is typically thought of as nothing more than a harmful waste product of respiration, and a "pollutant" that endangers the earth by raising

global temperatures. The reality is that CO₂ is a driver of mitochondrial energy production, and it improves the delivery of oxygen into your cells. It's also essential for most life on Earth, plants in particular. In fact, CO₂ appears to be a more fundamental component of living matter than oxygen.

All of this was well-known in decades past, but somehow knowledge about the beneficial effects of CO₂ has been suppressed over time.



Importantly, CO₂ allows for more efficient energy production in your mitochondria, which is why people who live or spend time at higher altitudes tend to be healthier and have fewer chronic health problems such as asthma. The reason for this is because the pressure of CO₂ relative to oxygen is greater at higher altitudes.

A Simple Bio-Hack to Boost CO₂

According to Forbes Health, bio-hacking is "a term used to describe various tips and tricks for enhancing the body's ability to function at peak performance — and maybe even extend one's life span."

A bio-hack for mimicking being at a higher altitude in order to boost CO₂ is to breathe into a paper lunch bag for a minute or two. The bag should not be too small or too large (an ideal size is 6 inches by 15 inches, or 15 centimetres by 38 centimetres). Breathe into the bag with your mouth and nose covered until you feel better.

With each exhale, you expel carbon dioxide. By re-breathing the carbon dioxide inside the paper bag, you effectively raise your carbon dioxide level.

According to Peat, breathing into a paper bag a few times a day has been shown to bring blood

pressure down by as much as 30 points, and stabilize it there after a few days of repetition.

CO₂ and Lactate Have Opposing Effects.

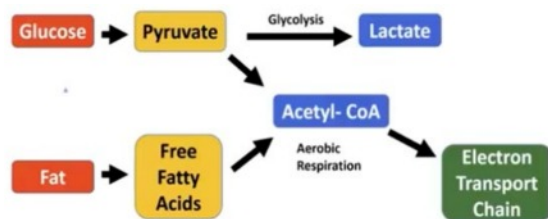
As explained by Peat, CO₂ and lactate have opposing effects. So, where lactate causes problems, CO₂ has beneficial effects.

For example, elevated lactate production is a common theme in diabetes, Alzheimer's, heart failure, shock and general aging. It promotes inflammation and degrades mitochondrial function. Conversely, low CO₂ concentrations have been linked to epileptic seizures, muscle spasms, inflammation, hypothyroidism, stroke, and clotting disorders.

According to Peat, all these issues, whether caused by elevated lactate or low CO₂, can be successfully treated with CO₂ therapies of various kinds, such as CO₂ baths (where CO₂ is pumped into the tub, much like bathing in carbonated mineral water) or adding CO₂ into standard hyperbaric treatment.

Under normal resting conditions, the concentration of CO₂ controls our respiratory rate. For example, in most animals, including humans, high levels of CO₂ lead to faster breathing. Decreases in CO₂ below normal can, decrease breathing, even to apnoea.

Peat tells the story of how he told an individual suffering from transient ischemic attacks who'd gone to the emergency room with stroke symptoms and paralysis on several occasions to drink a soda or carbonated water when the attacks occurred, as the bubbles in carbonated drinks are CO₂ gas. "That worked for him," he said.



CO₂ Promotes Efficient Energy Production

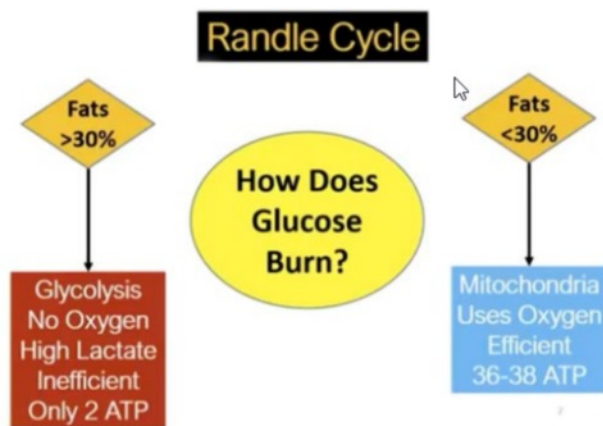
Lactate is the byproduct of glycolysis, or non-aerobic respiration. It occurs when your

mitochondria are compromised and are unable to metabolise glucose. Instead of pyruvate going to the mitochondria to be burned, it is oxidized to lactate in the cell's cytoplasm. When this occurs in the presence of oxygen it is called the Warburg Effect, which is major pathway that cancer cells use.

As illustrated in the graph bottom right previous page, glucose can be metabolised in two different ways.

When fat intake is too high, glucose is burned though glycolysis, which uses no oxygen and produces lactate. This is a highly inefficient way to produce energy, as it generates only 2 ATP per glucose molecule. And, in the context of this article, no CO₂.

When fat intake is in the sweet spot of 15% to 40%, and glucose intake is high enough, it can be burned for fuel in the mitochondria. This generates up to 38 ATP per glucose molecule. In this process, NADH and CO₂ are also produced.



If fat intake is over 40% and the carb intake is below 200 grams per day, the glucose is burned in glycolysis in the cell's cytoplasm, which produces lactate that suppresses glucose oxidation and shifts metabolism to the burning of fats instead.

Lactate also promotes inflammation and fibrosis. CO₂, meanwhile, limits the formation of lactate, increases oxidation of glucose, helps trigger mitochondrial formation (i.e., boosts the number of mitochondria in your cells) and boosts cellular ATP concentrations. As explained by Peat, glycolysis products (pyruvate and lactate) compete with CO₂ for binding sites inside the mitochondrion. Glycolysis decreases energy production by reducing CO₂.

Energy Production Summary

In summary, two key points from all this are:

1. The most efficient way to generate cellular energy is to burn glucose in the electron transport chain of your mitochondria (aerobic respiration). In addition to generating up to 38 ATP molecules per glucose molecule (opposed to the two generated through glycolysis), it also generates an estimated 50% more CO₂ than fat oxidation.

In order for glucose to be metabolised in your mitochondria, your dietary fat intake needs to be sufficiently low so as not to inhibit the oxidation of glucose. While there's no hard evidence on how much fat is too much, I suspect you need to restrict fat to 30% or 40%, depending on your individual needs, to optimise your glucose metabolism.

2. There are two possible energy states:

i. A glycolytic stress state in which energy production is reduced by the inhibition of CO₂.

ii. An energy-efficient state in which CO₂ is produced and lactate is suppressed.

CO₂ Protects Against Lipid Peroxidation

CO₂ also helps protect against the harmful effects of lipid peroxidation. Lipid peroxidation refers to a process in which free radicals and other harmful oxidants attack lipids (fats) that have carbon-carbon double bonds. Poly unsaturated fats (PUFAs) such as linoleic acid (LA) are particularly prone to this.

The key that many fail to recognize is that lipid peroxidation increases when CO₂ levels are low, as CO₂ protects the fats from damage. As explained by Peat, when CO₂ is low, that's when PUFAs increase their production of lipid peroxides (oxidation products of phospholipids).

Lipid peroxides degrade into reactive aldehydes such as malondialdehyde and 4-hydroxy-2-noneal (4-HNE), which damage DNA and proteins, causing them to malfunction. Lipid peroxidation is known to contribute to conditions such as cancer, athero-sclerosis and neuro degenerative conditions, just to name a few.

Peat cites one experiment in which they showed that when you raise the CO₂ in human tissues to three times normal, the amount of lipid peroxides went to zero. So, CO₂ has a potent anti-inflammatory effect and effectively protects against lipid peroxidation.



This is an important piece of information, as most people nowadays consume enormously excessive amounts of seed oils that are loaded with PUFAs, and thus have very elevated levels of stored LA in their cells.

As explained in "Linoleic Acid — The Most Destructive Ingredient in Your Diet," LA is a primary contributor to chronic disease, as it causes mitochondrial dysfunction and promotes inflammation.

Augmenting CO₂ in your tissues may be an effective way to limit LA-induced damage while you work to eliminate the excess LA from your tissues and replace it with healthy fats (which can take six or seven years).

How Lactate and CO₂ Influence Stress

Peat also goes into an extended discussion involving many separate pieces to explain how lactate and CO₂ influence the stress response and other parts of human biology that impact disease, including cancer.

For starters, the cytochrome oxidase enzyme — also known as Complex IV in the mitochondrial electron transport chain, which is what uses oxygen — governs your rate of oxygen consumption.

So, the more cytochrome oxidase you have, and the more active it is, the greater your oxygen consumption. Cytochrome oxidase is also responsible for increasing the total number of

mitochondria within the cell as needed to accommodate for increased oxygen consumption.

When you saturate a cell with a very large amount of CO₂, you rapidly increase the amount of cytochrome oxidase in the cell, and you boost its activity almost instantly.

This shifts the oxidative balance of the cell towards the oxidized state, as electrons are being pulled out of the system. This lowers reductive stress in the cell, which is what you want to do.

In healthy cells, there's a balance between NAD⁺ and NADH that is critical for energy production. Conditions like cancer or diabetes disrupt this balance, leading to excess lactate and reduced NAD⁺. Carbon dioxide is crucial because it prevents excessive lactate production, maintaining a healthy NAD⁺ to NADH ratio.

CO₂ also influences the water balance in cells, supporting an oxidized cellular condition with lowered reductive stress that results in proper oxygen utilization. Hyperventilation, or over-breathing, which reduces CO₂, typically leads to overproduction of lactate, contributing to stress and disrupting cellular balance.

CO₂ in Emergency Care

Peat also discusses the role of CO₂ in emergency care that has the potential to save your life or the life of someone you love. Stroke patients are typically ventilated with pure oxygen to prevent hypoxia-induced brain damage, but this isn't the best way to help these patients.

A ventilation strategy called permissive hypercapnia appears to be far better. Permissive hypercapnia refers to a ventilation strategy employing partial pressures of CO₂ that are higher than physiological norms. I have been encouraging those in the hyperbaric oxygen community to explore and adopt this strategy in their hyperbaric chambers. As explained by Peat:

"Quite a few people are now, just in the last few years, starting to talk about permissive hypercapnia ... instead of ventilating someone to death [by] giving them pure oxygen. When people aren't getting enough oxygen to the brain,

they'll give them pure oxygen and then hyperventilate them. The idea is to shrink their brain by hyperventilating them, because it shuts down the blood circulation of the brain. But if they're dying of a lack of oxygen to the brain, [that's] not what you want to do ...



I had mentioned [using carbonated beverages during ischemic stroke] in a nutrition class. I had said soda water, meaning carbonated water, but the next week, one of the students said that she had interpreted it as baking soda in water.

Basically, it's the same idea, but she said she gave a spoonful of baking soda to her mother who had been half-paralysed for six months, and 15 minutes after drinking just a glass of baking soda water the paralysis lifted and stayed away."

The reason baking soda worked in this case is probably because CO₂ is carried through your bloodstream by sodium bicarbonate (baking soda). Peat goes on to discuss how, in the past, firemen used to carry CO₂ for the treatment of shock and respiratory arrest.

"All animals and even plants suffer from a lack of carbon dioxide. If you lower it, even plants won't do well. ~ Ray Peat"

Fire departments all over the United States, and many hospitals, were using 5% CO₂ to resuscitate babies that had stopped breathing and treat shock cases. It was also used post-operatively to aid in the recovery process.

The Green Agenda's Flawed View of CO₂

In closing, Peat also overturned key arguments of the green agenda by pointing out that during the Carboniferous period of Earth's history, when plant and animal life was extraordinarily abundant, carbon dioxide levels were some 20

times higher than they are now, and temperatures were relatively stable.

"The expansion of vegetation will reflect infrared rays back into space," he said, "so it's sort of like the Earth has a thermostat that will regulate for huge changes in CO₂," he said.

Even more importantly, nothing thrives in low CO₂ environments — not plants, not animals or insects and, as evidenced by everything discussed above, not humans. If anything, the world may actually need a bit more CO₂, seeing how CO₂-deficiency states are rampant, forests are dying and plants aren't growing very well. As noted by Peat:

"All animals and even plants suffer from a lack of carbon dioxide. If you lower it, even plants won't do well. In the 1940's, people experimented with poisoning to death rats or mice with 50% carbon dioxide, keeping them dead for an hour and then reviving them, and they had no brain damage. If they gave them extra CO₂, they weren't damaged by the absence of oxygen. So, for primitive organisms, it's more essential than oxygen."

The increasingly erratic weather systems we're now experiencing likely have little to do with the CO₂ content of our atmosphere, and far more to do with a combination of decades-long weather manipulation and natural solar cycles.

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This Blind Age (Part 8)

By
Willie Martin



THE 16 CRITICAL FACTS THAT OUR CHILDREN WILL NOT LEARN IN SCHOOL

- 1. The White Race Made America What It Is Today.**
- 2. American Heritage Is White Heritage.**
- 3. American Law Is Based upon White Concepts from White European Thought.**
- 4. the American All-white Neighbourhoods of the past Were Demonstrably Safer, and Freer of Crime of All Sorts than Integrated Neighbourhoods of Today.**
- 5. the American All-white Schools of the past Were Clearly Superior to Any Integrated School of Today.**
- 6. All Great Societies and Civilizations of the past Which Were White as They Rose to Power, When They Changed from Being Dominantly White, to a Dominantly Mixed Race Society, They Fell Permanently into Decay. (e.g. Egypt, Greece, Rome, Spain, Portugal.)**
- 7. Racial Integration of Our Neighbourhoods and Our Schools Has Forced Them into Decay, Just like the Racial Integration of the Societies of the Great White Nations of the past Caused Them to Fall into Decay.**

History, both ancient and recent American, has consistently taught the very same lesson.

It is clear beyond any debate, that modifying the racial composition of America away from the dominantly White society that it was as it rose to power, towards a mixed, racially diverse society, will be catastrophic. It will plunge the great American nation into the same depths that

the other great White nations of the past have fallen into.

8. Based upon the extensive history of the Black race it is clear that it is not capable of creating or maintaining an advanced society.



It has never created one advanced society in Africa. In every case (such as Haiti, South Africa, or Rhodesia) where it has been given a thriving society, it has killed it, driving it into the same primitive state that its people have always lived in, in their native Africa. (For any who is foolish enough to doubt history, we have the sad spectacle of South Africa playing out before us, which should erase all doubts.)

The blacks, although living in Africa, with all the natural resources that were available to the Whites in Europe and America; they were never able to:

- 1).** Learn to build houses;
- 2).** Build furniture to put in houses;
- 3).** Cooking utensils;
- 4).** Invent a sewing machine;
- 5).** Invent a telegraph;
- 6).** Invent a telephone;
- 7).** Invent a method to produce electricity;
- 8).** Invent a light bulb;
- 9).** Invent an artificial heart, and install it;
- 10).** Weave cloth;
- 11).** Make knives;
- 12).** Make spoons;
- 13).** Make forks;
- 14).** Eye liner;

- 15). Earth-fired pottery;
- 16). Coiled ceramics;
- 17). A potters wheel;
- 18). A folding stool;
- 19). A wooden chair;
- 20). A wooden table;
- 21). Candles;
- 22). Crossbows;
- 23). Bows and Arrows;
- 24). Guns and ammo;
- 25). Sundial;
- 26). Battery;
- 27). Compass
- 28). Steam engine.



Steam Engines Made By White People

One could go on and on and name hundreds of thousands of things that the blacks have never been able to produce or invent on their own. Their mental abilities are simply not sufficient for them to invent even the simplest of things.

Oh yes, there are those who will lie and attribute to them many inventions that a White Man invented in a mistaken intent to build them a history they have never had, nor will they ever have.

South Africa and Rhodesia are two prime examples of two countries that the White Man built up, and was literally given to the blacks because of laziness of their people and their traitors leaders. Instead of the once great and wonderful countries they formerly were, they are now degenerating into nothing but slums and decay.

9. History Has Shown Us That the Black Race Cannot Create or Maintain an Advanced Society on Its Own. Its members there-

fore, as a people, cannot well fit into an advanced society, as equals, living and working beside those who not only are capable of building one advanced society, but have built numerous such societies in all climates and in all types of land.



10. History Has Shown Us That the Hispanic Peoples (above) Are Also Deficient in Creating Advanced Societies like the White Race Has Repeatedly Created. While they have shown ability that is superior to the Black race, by creating their own written language and some moderately advanced societies they have not been able to take the superior natural resources of the South American continent and do much with them.

11. Spain and Portugal sent soldiers to the lands south of the Rio Grande to conquer and take the wealth of the land. Instead of sending families to colonize, the Spanish men took native wives. the Racial Makeup of the Lands South of the Rio Grande Is Composed of Indian, Black, Mixed-race and a Small Percentage of Whites Thrown in. Their Lands Have Never Thrived like the Nations to the North Where Whites Colonized and Kept Their Race in Tact, Seldom Mixing Their Race with Others.

To be continued OS15154



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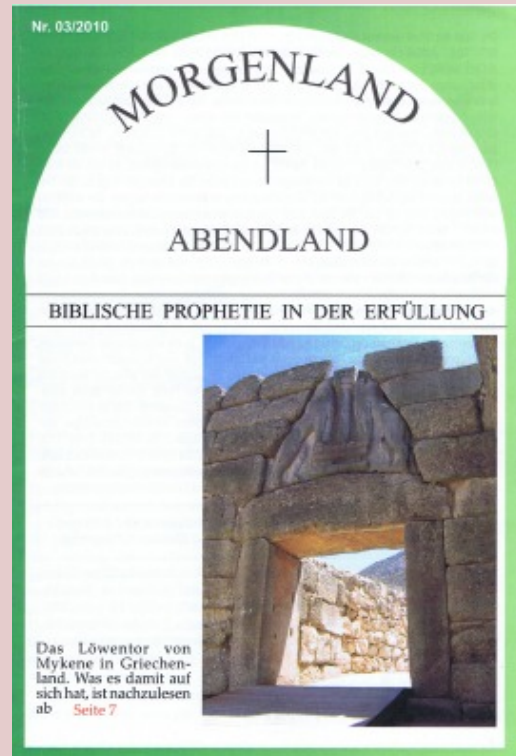
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