The

Toxic Ingredients That Make Up

Aspirin

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There are 6 systemic variables that determine what we put into and onto our bodies.

FIRST, OUR PARENTS AND CAREGIVERS control what we put into our bodies from conceivement to adolescence. Second, the food and personal care products industries research, develop and produce the processed choices for us. Third, our culture and life experience, media and education contribute to our programming. Fourth, our body has specific and general programming, usually subconscious, that influence our choices. Fifth, we can exert a continuum of conscious control over what we put in and on our bodies, ranging from all to none. Sixth, the collective marketplace, including regulation, determines the dynamics of availability, composition, labelling, price and accountability.

We believe that a comprehensive Nurture, Equality, Truth and Systems viewpoint of ingredients requires a proof process that assesses each person's body specifically, that tracks the quantity of the product ingested or absorbed, that identifies accurately all ingredients; the processes,

mechanisms and secondary resources used to produce the ingredients, the availability of alternatives and the judgement across a spectrum of multivariate factors as to whether any ingredient, or any mix of ingredients within the product or associated with application, has the relative and absolute probability to cause harm that reduces the potential of a component or system in a human body.

We believe that any product placed in or on our body that our body has not been programmed to exchange with what poses an unacceptable risk.

We believe that we do not adequately understand our bodies and the complete systemic consequences across time of using most ingredients, including raw unprocessed products.

What we present to you is a tiny beginning effort to initiate what we call a proof process. This is a diligent, comprehensive effort to understand systemically what we know about ingredients, and what we think poses risk. All of the stakeholders, including the consumer, can then make their own decisions about what to put in and on their bodies.

Our hypothesis, based upon patterns of information but not yet realized with a comprehensive proof process, is that many ingredients that we use, including some flagged in this analysis, contribute to damage to human beings that can be most easily recognized as autoimmune diseases, cancers, heart (arterial) disease and brain disease. Further, our hypothesis is that nano-particles pose risk, petrochemicals pose risk, certain genetic alterations pose risk, and no amount of these ingredients are safe. Not only do ingredients interact with what we think of as our bodies, but these ingredients also interact with the human biome and with each other, and often carry trace amounts of the chemicals used to process them that are not accounted for on labels.

The following is a simple beginning. If you like the direction we are headed, join in.

Headaches, pains, strains, fevers and much more can be alleviated by painkillers. The health effects of painkillers are normally left

unquestioned. However, when you systemically look at the chemicals and ingredients that make up painkillers it paints a different picture.

Aspirin, acetylsalicylic acid, is the desired active ingredient but pharmaceutical companies pack into their formula a wide range of additives that are unnecessary and potentially harmful.

To fully appreciate the health effects of painkillers, I examined the ingredients that make up Aspirin.

Aspirin, Black Iron Oxide, Colloidal Silicon Dioxide, Corn Starch, FD&C Yellow 6 Aluminium Lake, Hypromellose, Microcrystalline Cellulose, Polydextrose, Polyethylene Glycol, Polyvinyl Acetate Phthalate, Propylene Glycol , Shellac Wax, Sodium Alginate, Sodium Bicarbonate, Stearic Acid, Talc, Titanium Dioxide, Triethyl Citrate Colloidal Silicon Dioxide, Polyethylene Glycol, Polyvinyl Acetate Phthalate, Propylene Glycol, Shellac Wax, Talc and Titanium Dioxide all raise health concerns when you consider what they are, how they are processes and how they are ingested, inhaled, absorbed, or in any way consumed.

Colloidal Silicon Dioxide (Silica) when inhaled in very small quantities over time can lead to silicosis, bronchitis, or cancer, as the dust becomes lodged in the lungs and continuously irritates them, reducing lung capacities. Silica dust is labelled as a Group 1- “Carcinogenic to Humans” by the IARC.

Polyethylene Glycol: a polymer of Ethylene Oxide is a known human carcinogen. Polyethylene Glycol is a possible toxin to our organ system as well.

Polyvinyl Acetate Phthalate is manufactured with vinyl acetate. The World Health Organization’s (WHO) cancer research arm found evidence suggesting that vinyl acetate caused tumours in rats. The International Agency for Research on Cancer (IARC) believed that trace amounts of vinyl acetate could make it into the material. Phthalates can disrupt hormonal systems, which can cause harm during critical periods of

development and in adult males phthalates are associated with poor sperm quality and infertility.

Propylene Glycol is produced from propylene oxide, which is labelled as a Group 2B- "Possibly Carcinogenic to Humans" by the IARC. Propylene Glycol that is the active component in anti-freeze, and constant and/or excessive contact can lead to increased risk of respiratory and immune disorders like asthma, hay fever, eczema, and allergies.

Shellac Wax is produced when Shellac is scraped from the bark of the trees where the female lac bug (Kerria lacca) secretes it while it moves on the tree. It is then processed (heated) to remove impurities, like bark and insects.

Talc can cause pulmonary issues, and it is also linked with lung and ovarian cancer. Talc is labelled as a Group 2B carcinogen- "Possibly Carcinogenic to Humans."

Titanium dioxide has been associated with lung cancer and the IARC labels it as a Group 2B carcinogen- "Possibly carcinogenic to humans." Titanium dioxide may contain nano particles that are potentially highly damaging to genetic and cellular material but little research has been conducted on how nano-particles disperse and interact in the human body.

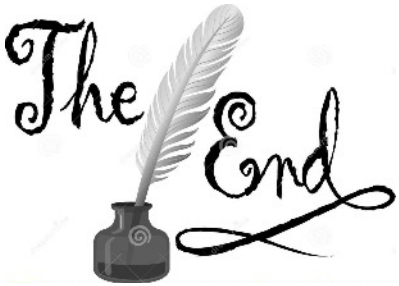
It is important to note that there is a substantial lack of research and knowledge when dealing with what ingredients, chemicals and products actually do to and in your body when consumed, inhaled, or absorbed.

At Y Worlds, we hope that these models will inspire others to investigate what they are putting in their bodies and investigate other systemic questions using a proof process.

Dan Wich has through his research website identified the CVS brand of aspirin and several others to be the pills with the least additives with harmful properties that deliver acetylsalicylic acid (aspirin) to us. Enteric coatings contain harmful additives and are more expensive than uncoated aspirin.

The benefit of enteric coatings for aspirin has been questioned in recent studies that challenge the idea that large numbers of people are sensitive to aspirin (the numbers may be extremely small) and present the idea that the coatings may not only interfere with the functions of aspirin but may introduce new reactions to the chemicals found in the coatings.

You are the owners and scientists of your own body and the determination of whether enteric coatings benefit your health should depend upon your own body research and your public knowledge research. Check out Dan's site and those below and let us know about other resources that help us understand and avoid toxins in man made and natural foods:



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